

DUNAMENTI LASSÚ CSÁRDÁS
(Hungary)

These figures are typical of the slow couple dances of the Danube region. They may be performed in this arrangement, or danced improvisationally.

Pronunciation: DOO-nah-men-tee LAH-shoo CHAHR-dahsh

Translation: Slow couple dance from the Danube region.

Music: Hungaria HRLC-007 Tape 4/4 meter

Formation: Couples scattered at random around dance floor.

Position: Shldr-shldr blade hold: W hands on M shldr, M hands high on W back at shldr-blade level, W arms resting in contact with M arms.

Meas

Pattern

I. CSÁRDÁS

- 1 Introduction. No action.
2 M: Step R to R (ct 1); step L beside R (ct 2); step R to R (ct 3); close L to R, no wt (ct 4). (Double Csárdás Right).
W: Do M step, but with opp ftwk and opp direction. (Double Csárdás Left).
Ptrs move side-to-side together, in mirror image.
3 Repeat meas 2 with opp ftwk and direction.
4-5 Repeat meas 2-3.
6 Repeat meas 2. (Five Double Csárdás steps in all).

II. CSÁRDÁS WITH HALF TURN

- 1 M: Dance Double Csárdás Left almost in place, turning 1/2 CCW and leading W around CCW.
W: Large Double Csárdás Right, moving CCW around the M.
2 Repeat Fig I, meas 2 (Double Csárdás step).
3-6 Repeat meas 1-2 twice more (three half turns in all).

III. CSÁRDÁS WITH CIFRA

- 1 M: Step L to L (ct 1); step R beside L, closing R to L (ct 2); small leap onto L to L (ct 3); small leap onto R beside L (ct &); small leap onto L in place (ct 4).
Cts 3, &, 4 may be done with slight stamps.
W: Do M step, but with opp ftwk and opp direction.
2 Repeat meas 1 with opp ftwk and direction.
3-4 Repeat meas 1-2.
5 Repeat meas 1.
6 M: Step R to R (ct 1); step L beside R (ct 2); step R slightly to R (ct 3); hold (ct 4).
W: Step L to L (ct 1); step R beside L (ct 2); step L to L (ct 3); step R in place (ct 4).
During this meas, M lead W into CCW Turn Pos, with L hips adjacent.

DUNAMENTI LASSÚ CSÁRDÁS (Contd).IV. RIDA TURNS (M and W do identical ftwk)

- 1 Turning CCW, step L across in front of R (ct 1); step R fwd, continuing turn (ct 2). Rida Step has slightly bouncy quality, with slight level change - down on ct 1, up on ct 2. Repeat cts 1-2 (cts 3-4).
- 2-3 Repeat meas 1 twice more (six Rida Steps in all).
- 4 Step L across in front of R (ct 1); slight bounce on L, turning to face ptr (ct 2); step on R to R about shldr width from L, wt on both ft, and dip slightly, flexing knees (ct 3); straighten knees with slight bounce (ct 4).
- 5 Flex knees, dipping slightly (ct 1); straighten knees with slight bounce (ct 2); repeat cts 1-2 (cts 3-4), turning ptr into CW Turn Pos, R hips adjacent.
- 6-9 Repeat meas 1 with opp ftwk and direction, four times, turning CW (8 Rida Steps in all).
- 10-11 Repeat meas 4-5 with opp ftwk and direction. Remain facing ptr.
- 12 Bend knees slightly (ct 1); straighten knees, closing ft together with a click (ct 2); open ft about shldr width apart, bending knees slightly (ct 3); close ft together with heel click (ct 4).
During this meas, ptrs gradually separate, moving into a double handhold. Joined hands are raised side fwd diag high.

V. HEEL CLICKS

- 1 Bending knees slightly, open ft about shldr width apart, wt on both ft (ct 1); straightening knees, close ft sharply with a heel click, taking wt on L (ct 2); click R to L sharply, taking wt on R (ct 3); click L to R sharply, taking wt on L (ct 4).
- 2-6 Repeat meas 1 five more times (six heel-click patterns in all).

Cpls rejoin in shldr-shldr blade hold, and dance repeats from the beginning two times, without a pause on Fig I, meas 1 for an Introduction.

Presented by Zoltán Farkas
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