

DUNÁNTÚLI DUS — Hungary (Northwest Dunántúl)
[doo-nahn-tóó-lee doosh]

(Solo dance for 1 man)

Translation: Dus (man's dance in march form) from the Transdanubia region.

Record: Folkraft LP-37 side A band 1

Formation: Individual men scattered anywhere.

Starting Position: Arms sideward at shoulder level (they move freely to balance body movement in the dance). Right foot free.



Music 2/4

Measure

PART I (Music A¹)

- 1-8 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] LEAP sideward right on right foot and bend left knee slightly (count 1),
HOP on right foot (count -and),
A small STEP sideward left on left foot with a STAMP (count 2),
[Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] RAISE right leg forward low with knee straight (count -and); and . . . repeat seven more times (8 times in all).

PART II (Music B¹)

- 9-14 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] JUMP on both feet together (count 1),
JUMP on both feet together (count -and),
JUMP on both feet together with a STAMP, bending knees and turning about 1/8 left (count 2); and . . . repeat five more times (6 times in all), alternating lateral direction (turn 1/4 right, 1/4 left, 1/4 right, 1/4 left, then finally 1/8 right).

VARIATION A² for Part I.

- 1-8 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] Eight PONTOZOTT CIFRA STEPS (right, left, right, left, etc.).

VARIATION A³ for Part I

- 1-8 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] With weight on left foot, JUMP sideward right on both feet AND CLICK heels when landing (counts 1-and), RAISE right leg forward (count -uh), LEAP onto right leg in place and simultaneously raise left leg forward forward (count 2); and . . . repeat seven more times (8 times in all), alternating footwork and lateral direction.

VARIATION A⁴ for Part I

- 1-8 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] One CIFRA STEP (right)(counts 1-and-2) but, in addition, raise left leg sideward with knee bent quite a bit and SLAP left palm on outside of left ankle (count 1); and . . . repeat seven more times (8 times in all), alternating footwork, handwork and lateral direction.

VARIATION A⁵ for Part I

- 1-8 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] As Variation A⁴ above except CYMBAL CLAP (move arms vertically upward and brush or clap palms together with accent as they pass) (each count -and before count 1) then SLAP (on count 1) and also turn left once around with each Cifra Step (left)(measures 2, 4, 6 and 8).

VARIATION B² for Part II

- 9-11 [Musical notation: quarter note, eighth note, quarter note, eighth note, quarter note, eighth note, quarter note, eighth note] LEAP sideward right on right foot and CLAP palms together (count 1),
Raise left leg and lean forward slightly to SLAP left palm on inside left calf (count 2),
LEAP sideward left on left foot and CLAP palms together (count 3),
Raise right leg and lean forward slightly to SLAP right palm on inside right calf (count 4); and . . . repeat twice (3 times in all).
12-14 As Variation B¹ above (turn 1/8 left, 1/4 right, 1/8 left).

Suggested sequence: A¹B¹ A²B² A¹B¹ A³B² A¹B¹ A⁴B² A¹B¹ A⁵B².