

Dvolno Horo

2/4 – Knizhovnik village in South Thrace

Presented by Iliana Bozhanova and Lyuben Dossev - 2000

The dance can be mixed or solely for women. It is done in an open circle, moving right. The pattern is unusual and interesting. Before the dance starts, the dancers form two parallel lines facing center with the men in the back line. The two lines are connected only by the right hand person in each line who hold each other's right hands. All other dancers hold hands down. Then, those in the back line raise their arms over the heads of the people in the front line and then lower their arms. The result is one line of dancers using a front basket hold. The dance starts in this formation. The dance consists of 2 figures. The first figure (swaying) is done during the song and the second is done during the instrumental part.

Figure 1 (swaying) – facing center and moving to the right – one line of dancers - 2 meas.

Measure 1 – facing center

1. Step on the right foot diagonally right (big step)
2. Bounce on the right heel (chukche)

Measure 2 – facing center

1. Step on the left foot behind the right foot while moving
2. Bounce (chukche) on the left while bending the right knee so that the right foot is in front of the left ankle. The upper torso bends slightly forward.

Figure 2 – 2 lines of dancers – 16 measures

Measure 1 – facing center in place

1. Step on the right foot. Those who were in the back line raise their arms while still holding hands
2. Hop on the right foot.

Measure 2 – facing center

1. Step on the left foot. Those who were on the inside dance in place. Those who were on the outside dance slightly backward and lower their arms to reform the double line pattern.
2. Hop on the left foot.

Measure 3. – facing center – in place

1. Step on the right foot
Step on the left foot
2. Step on the right foot
Hold

Measure 4 – facing center – in place

1. Step on the ~~right~~ foot *left*
Step on the ~~left~~ foot *right*
2. Step on the ~~right~~ foot *left*
Hold

Measure 5 – facing to the right and moving to the right in a circle.

1. Step on the right foot forward
2. Hop on the right foot

Measure 6 – facing to the right and moving to the right in a circle

1. Step on the left foot forward
2. Hop on the left foot

Measure 7 – facing to the right and moving to the right in a circle

1. Step on the right foot forward
Step on the left foot forward
2. Step on the right foot forward
Hold

Measure 8 – facing to the right and moving to the right in a circle

1. Step on the left foot forward
Step on the right foot forward
2. Step on the left foot forward
Hold

Measures 9-12 are the same as measures 5-8.

Measures 13-14 are the same as measures 5-6

Measure 15 - turning to the center. The dancers who were in the back line will gradually raise their arms during this measure.

1. Step on the right foot in place
Step on the left foot in place
2. Step on the right foot in place
Hold

Measure 16 - facing center in place. The dancers who were in the back line will Gradually lower their arms.

1. Step on the left foot. (The dancers in front step in place. The dancers who were in back step forward.)
2. Close the right foot to the left with no weight on the right foot.

Pattern

Introduction – 16 measures

Figure 1 - 2 measures – 10 times

Figure 2 - 16 measures – 1 time