

# Egejsko oro

(Aegean Macedonia)

This dance is from the Voden-Kostur area of Aegean Macedonia. This dance is energetic with nuances and enthusiastic rather slow steps, but still quite full of movement so that it leaves a pleasant visual impression. It is danced on the balls of the feet with light balancing movement of the upper part of the body.

Pronunciation:

Cassette:

Rhythm: 15/16 meter (cts 1, 2, 3, 4, 5, 6, 7)

Formation: Mixed or separate line or open circle hands joined in W-pos (or V-pos or hands at sides).

Meas

Pattern

## FIGURE I

- 1 Facing diag CCW, large step fwd on R (cts 1,2); large step fwd on L (cts 3,4); lift on L, bring R knee to side of L and face ctr (ct 5); step on R next to L (cts 6,7).
- 2 Lift on R, bring L knee up in front (cts 1,2); step on L next to R (cts 3,4); lift on L, moving R ft front to back (ct 5); lift on L, touch R ft behind L knee (cts 6,7).

## FIGURE II

- 1 Large step fwd on R (ct 1); close L to R (ct 2); large step fwd on R (cts 3,4); large step fwd on L and face ctr (ct 5); lift on L, bring R knee next to L (cts 6,7).
- 2 Step on R, bring L knee up in front (cts 1,2); step on L next to R (cts 3,4); repeat Fig I, meas 2, cts 5,6,7 (cts 5,6,7).

## FIGURE III

- 1 Large step fwd on R (ct 1); close L to R (ct 2); large step fwd on R (cts 3,4); large step fwd on L (ct 5); step fwd on R (ct 6); step fwd on L (ct 7).
- 2 Step on R and face ctr (cts 1,2); lift on R, bring L knee up in front (cts 3,4); step on L in place (ct 5); lift on L, bring R knee up in front (cts 6,7).

## FIGURE IV

- 1 Repeat Fig 3, meas 1.
- 2 Twist body and R knee to L (cts 1,2); step on R in place and twist body and L knee to R (cts 3,4); step on L and twist body and R knee to L (ct 5); step on R, L in place (cts 6,7).

## FIGURE V

- 1 Repeat Fig 3, meas 1.
- 2 Facing ctr, lift on L (ct 1); step back on R (ct 2); lift on R (ct 3); step back on L (ct 4); lift on L and bring R knee up in front (ct 5); step on R next to L (ct 6); step on L in front of R (ct 7).

## Egejsko oro—continued

FIGURE VI

- 1 Repeat Fig 3, meas 1.
- 2 Step fwd on R and start turning CW (cts 1,2); step on L and complete turn (cts 3,4); repeat Fig 5, meas 2, cts 5,6,7 (cts 5,6,7).

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