

El Harahat

(Israel)

Meaning: To the Well. The shepherd summons the sheep to the well and asks the well to give plenty of water.

Record: Tikva Records, T-24.

Formation: Circle, all facing center and standing next to partner, W on the R.

Phrase

Part I

- 1 Each one bends diagonally to the L and claps own hands twice while stepping on the R ft, then the L ft in place. Then joining hands in circle, each one makes a 1/4 turn to the R and takes 6 running steps CCW.
- 2 Repeat phrase 1.
- 3 Hands still joined in circle, and facing the center, each one takes 4 steps twds the center, raising hands gradually; then 4 steps bkwd, lowering hands gradually.
- 4 Repeat phrase 3, ending by facing partners (M stepping in front of ptr so that they have their backs to the center, W still facing center).

Part II

- 1 Facing ptr, each one claps own hands twice in front of him. Then placing hands behind back, each one passes L shoulder of ptr with 6 running steps into ptr's place, ending by facing ptr.
- 2 Repeat Part II, phrase 1, each one getting back to his own place.
- 3 Interlocking R elbows with ptr, each one takes 7 steps CW around with ptr, ending by clapping own hands in his own place.
- 4 Repeat Part II, phrase 3, with L elbows interlocked.