

ENZELI REKSI

<u>PRONUNCIATION</u>	En'-zel-ee Reks'-ee
<u>TRANSLATION</u>	Reks means dance, Enzeli is a town
<u>MUSIC</u>	AL 009, Side B, Number 3
<u>METER</u>	6/8
<u>FORMATION</u>	Men and women side by side, facing LOD

PATTERN

Figure 1

The footwork is the same for both men and women. Arms for men are held at shoulder height, parallel to the ground. ~~R~~ arm is bent (fist close to chest) R arm is straight.

Arms for women start with R arm up and L arm down. For each count, make a small circle with the hands, and change which arm is held up.

Count 1: Small step fwd on R

&: Bring L next to R

2: Small step fwd on R

3: Small step fwd on L

&: Bring R next to L

4: Small step fwd on L

Repeat figure 1 for one complete time through the melody.

Figure 2

For men:

1: Step back on R while facing center. Keep L foot in front and clap hands, arms high (in front of chest).

&: Hold position

Repeat figure 2 for one complete time through the melody.

For women:

Arms and footwork are the same as figure 1, but you make a circle in front of your partner. Making the circle takes one complete time through the melody.

ENZELI REKS-I, cont.

Figure 3

Women: same footwork and arms movement but do it in place.

Men: Hold arms parallel to ground, a little bent at the elbow, palms facing down. Move shoulders up and down on each count.

1: Step fwd on R heel, knees slightly bent

&: Bring L next to R

2: Step fwd on R

Repeat this step, moving in a circle in front of your partner. Making the circle takes one complete time through the melody.

Figure 4A

Join pinkies in a semicircle, women on men's Lt.

1: Step fwd in LOD on R toes. Heel does not touch the ground. Body faces center.

2: Step on L, continuing in LOD.

3-7: Repeat 1&2

8: Lift L up 90 degrees, pump it down.

Figure 4B

Same as figure 4A, but traveling back to original place.