

## ESASHI JINKU — Iwate Pref. —

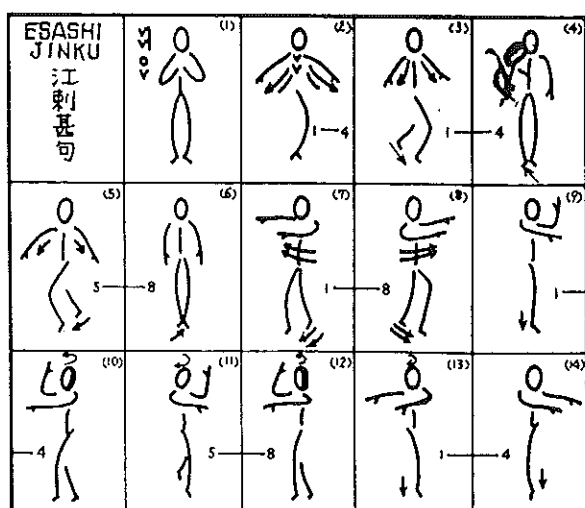
It is said that this song and dance have been popular in the Nanbu area in Iwate Pref. since the sixteenth century. In Japan, a couple-dance for men and women is seldom found Formation; Longways formation or double circle, partners face each other

Introduction; eight ct. with clappings

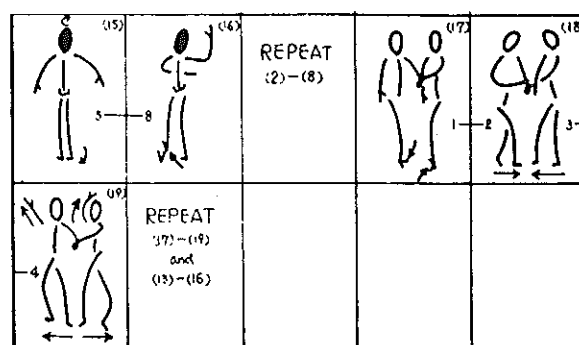
- 1 Clap cho chon ga chon ..... 1-4
- 2 Clap down two times, knees lightly bend ..... 5-8
- 3 Step R ft. cross diag. fwd. L. arms YAMABIRAKI, step back to the place arms down ..... 1-4
- 4 The same with L ft. .... 5-8
- 5 Kick R ft. two times diag. fwd. R and one step fwd. arms swing FUSENOBASHI two times at the same time. Then the same to the L ..... 1-8
- 6 Step R ft. fwd. arms SASHIKAZASHI facing each other, then change weight to R ft. turning half to the L. arms change but still SASHIKAZASHI, repeat this half turn with both feet fixed ..... 1-8
- 7 Step R ft. fwd. arms swinging diag. R. the same to the L ..... 1-4
- 8 Half turn to the R. step R ft. bwd. arms YAMABIRAKI, point L heel fwd. R hand TATEKAZASHI, L hand at R elbow palm up ..... 5-8

\*\*Alternative variation; 7 can be changed as follow:

Join L hands each other, step L and R ft. fwd. swinging down R hands over L hands, step L and R ft. bwd. raising R hands up Repeat ..... 1-8



Presented by Hiroyuki Ikema  
at Maine Folk Dance Camp 1987



日本舞踊