

Eshkolit

(Israel)

Eshkolit, meaning "grapefruit," was choreographed by David Edery to music by Armeni.

Pronunciation:

Cassette: D. Edery—Israeli Folk Dances Side A/1 3/4 meter

Formation: Cpls facing ctr, W on M's R, M's R hand holding W's L, hands raised slightly fwd. Both beg with the same ft.

Counts

Pattern

PART I

- 1-2 Step on L to L and balance to R.
- 3-6 Brush L fwd, rising slightly on ball of R ft (ct 3); bring L in circular movement to L and behind (cts 4,5); step on R behind L (ct 6).
- 7-10 Repeat cts 3-6 with opp ftwk and direction.
- 11-12 Step on L to L and balance R.
- 13-15 M: 3 small steps slightly bkwd with L, R, L. helps W to wrap into his R arm.
W: Full turn L (CCW) into M's R arm with L, R, L into one hand Wrap Position, outside hands are free and down at own sides.
- 16-17 Step fwd on R and balance bkwd on L.
- 18-19 Step bkwd on R, rising slightly on the ball of the ft, raising bent L leg fwd.
- 20-21 Step on L to L, pulling W closer; step on R next to L with knees bent.
- 22-24 M: 3 small steps bkwd with R, L, R while helping W to Unwrap.
W: full turn to R with R, L, R out of Wrap Position.

PART II

- 1 Facing ctr, W on M's R, inside hands joined and raised slightly fwd, step and balance on L to L, W leaning and looking toward M.
- 2-4 One and 1/4 turns to R with R, L, R, ending all facing CCW, M behind W in LOD.
- 5-7 M: Full turn fwd and thru L with L, R, L (first step is fwd CCW).
W: Half turn bkwd thru L with L, R, L (first step is fwd progressing CCW).
- 8-9 Face to face on line of circle, join R hands raised fwd, step R to R; sway L.
- 10-12 Change places thru R shldr with R, L, R, end facing ctr, M's L hand holding W's R hand.
- 13 Repeat meas 1, M leaning and looking twd W.
- 14-16 Repeat meas 2-4.
- 17-19 Repeat meas 5-7 reversing roles (W full turn, M 1/2 turn).
- 20-24 Repeat meas 8-12 returning to original places and position.

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