

Eski
(Pirin, Bulgaria)

This dance was learned from Maria Eftimova Karaleeva, a Bulgarian dance instructor popular in Germany. Eski means "old". It is similar in part to Ginka and Maleševsko.

Recording: Seminar Tape

Formation: Short lines or open circle, "V" or belt hold

Music: 2/4

Meas

- 1 Facing R of center, step L ft fwd (ct.1); hop on L ft and kick R ft (loosely) fwd & down (ct.&); step R ft fwd (ct.2); hop on R ft and kick L ft (loosely) fwd & down (ct.&).
- 2 Step L ft fwd (ct.1); hop on L ft and kick R ft fwd and down (ct.&); hop on L ft again (ct.2); step R ft back (ct.eeh); step L ft fwd (ct.&).
- 3 Turning to face center, step R ft to R (ct.1); step L ft behind R ft (ct.eeh); step R ft to R (ct.&); step L ft behind R ft (ct.2); turning to face R of center, step R ft fwd (ct.&).
- 4 Repeat action of meas 1.
- 5 Step L ft fwd (ct.1); hop on L ft and kick R ft fwd & down (ct.&); turning to face center, step R ft to R (ct.2); draw L ft across R shin (ct.&).
- 6 Facing L of center, step L ft fwd (ct.1); step R ft (ct.&); step L ft fwd (ct.2); step R ft beside L ft (ct.eeh); step L ft in place (ct.&).
- 7 Facing L of center and backing up, step R ft back (ct.1); step L ft beside R ft (ct.eeh); step R ft slightly back (ct.&); step L ft back behind R ft, turning to face R of center, and hook R ft at L shin (ct.2); step (leap) R ft fwd and allow L ft to trail behind (ct.&).

Presented by Stephen Kotansky