

# ESPAN

(RUSSIAN)

**POSITION:** Skating position - man's right hand under couple facing counter clockwise

## MEASURE

1 - 2 Starting on outside foot, take 2 waltz steps  
First waltz step - take 3 steps forward  
Second waltz step - pivot on first step in opposite direction and take 2 steps in place

3 - 4 Facing clockwise - step back on inside foot (foot nearest partner) count one, bring feet together, count 2-3  
Repeat stepping back and bring feet together

5 - 8 Repeat MEASURE 1-4 be sure to start facing counter clockwise

9 - 10 Holding hands shoulder high balance forward on right foot and balance back on left foot

11- 12 Balance forward on right foot while exchanging places  
Balance back on left foot

13 - 16 Repeat measure 9-12 starting in opposite position and return facing partner with hands in air

**NOTE:** MEASURE 9-16 EACH BALANCE STEP TAKES 3 COUNTS

17 - 18 Starting with right foot, move to your own right with 2 waltz steps ( 6 walking steps)

19 - 20 Take two draw steps to right

**DRAW STEP ...** Step on right foot - count one - bring left foot to right count 2-3.

21 - 24 Starting with left foot repeat MEASURE 17-20

25 - 32 Repeat MEASURE 9-16  
Holding right hands and left hand in air

Balance forward on right foot, balance back on left  
Balance forward on right foot exchanging places  
Balance back on left

Repeat above starting in opposite position