

# ESPAN

(Russian)

This dance was introduced to Chang's International Folk Dancers by Boris Abramson. The dance is a ballroom dance and is to be executed smoothly.

**MUSIC:** Kismet Record A-116. Note: There is a four measure introduction on this record.

**FORMATION:** Couples in a circle. Partners facing at start; M stands with his back twd. center of the circle. W holds skirt, M's arms folded at shoulder level.

**STEPS:** Waltz\*, Waltz Balance\*, Step-Draw

Music (3/4)		PATTERN
	Measure	I. Partners Turn Individually
A	1-2	Each moving to his R, make one complete turn with two waltz steps.
	3-4	Continue in same direction, making two draw steps with L (Step swd. on R, ct. 1; draw L to close, cts. 2 & 3)
	5-8	Repeat action of meas. 1-4, moving to L and returning to face partner.
		II. Balance Step
	9-10	Partners face and join R hands, dance waltz-balance fwd. and back, starting with R.
	11-12	Partners exchange places, W passing under M's R arm and turning CCW.
	13-16	Repeat action of meas. 9-12, returning to original places.
		III. Skater's Step
B	17-18	Partners in promenade (skater's) position, starting with outside ft., waltz fwd. for two meas. On the second waltz step, turn to face direction opposite from movement.
	19-20	Partners take two step-draws, stepping bwd. with inside ft. (M's L) and drawing with outside ft. (M's R).
	21-24	Repeat action of meas. 17-20, moving in opposite direction.
		IV. Cross-Hold and Waltz Balance
	25	With hands joined in cross-hold position, partners do waltz-balance in place, M turning slightly to L and W to R.
	26	Repeat action of meas. 25, M turning slightly to R and W to L.
	27-28	Retaining cross-hold position, partners exchange places, moving CCW around each other with two waltz steps.
	29-32	Repeat action of meas. 25-28, returning to original places.