

ESPUNYOLET - Catalonia

(Couple dance)

Record: Folkraft LP (side A band 4).  
Formation: Couples in circle.  
Starting Position: Partners facing, woman holding skirt  
(traditionally with her index and middle  
fingers), man's arms raised with hands  
slightly above head level.

Music 3/4

Measure

INTRODUCTION

1 - 2 REVERENCE: Man clasp hands behind back and bow (woman  
curtsy) to partner (counts 1-6)

PART I (Music A)

1 - 6 Turn slightly left with a small STEP forward on right  
foot, bending knees slightly and raising left foot  
backward (count 1),  
A small STEP backward on left foot (count 2),  
STEP on right foot beside left and turn body slightly right  
to reface partner (count 3), and ... repeat five more times  
(6 times in all), alternating footwork and lateral  
direction.

7 - 8 REVERENCE as Introduction above

9 - 16 REPEAT measures 1-8.

PART II (Music A)

17 - 22 Partners facing, each with right hand grasping  
other's right forearm, woman's left hand holding her  
skirt and man's left hand behind his back:  
A very small STEP forward on right foot bending  
knees slightly (count 1),  
STEP on ball of left foot beside right heel (count 2),  
STEP on right foot (very slightly backward) beside  
left (count 3), and...  
repeat five more times (6 times in all, alternating footwork,  
circling clockwise half around partner to exchange places.

23 - 24 REVERANCE as Introduction above.

25 - 32 REPEAT measures 17-24 and return to original place, except  
circling counterclockwise with left hand grasping partner's  
left forearm.

ESPUNYOLET (Continued)

Measure

PART III (Music B)

- 33 - 34 Partners join both hands and woman kneel on right knee (counts 1-3);  
Woman bow her head (count 4) then rise and face partner (counts 5-6).
- 35 - 36 REPEAT measures 33-34 reversing roles (man kneel, bow, etc.). Then man's left hand release woman's right hand.
- 37 - 38 Two WALTZ STEPS (left, right) turning left half around, partners passing back to back turning "dishrag" style under joined hands (man's right, woman's left) to exchange places.
- 39 - 40 REVERENCE as Introduction above.
- 41 - 48 REPEAT measures 33-40 and return to original position.
- REPEAT entire dance at a faster tempo and, during measures 1-6 and 9-14, man snap fingers (woman does not).