

ESPUNYOLET (Catalonia)

Source: Espunyolet (Ess-poo-nyo-let) is a Catalanian Wedding Dance.

Record: Folkraft F1120A

Formation: Ptrs facing, cpls in circle or at random on the floor.
(There is no progression.) M hands raised head high, W hands on hips or holding skirt out to sides. (No skirt waving as in Mexican dances.)

Steps: Waltz; Reverence (M bow, W curtsy 1 meas--6 cts)

Measures
(6/8)

I. Crossing Step

- 1 Step R across in front of L, turning body slightly (ct 1) step L in place (ct 2) step R returning it next to L (ct 3). Repeat starting L (cts 4, 5, 6).
- 2 - 3 Repeat the action of meas 1 (R L R L) four more times.
- 4 Reverence: M bow, W curtsy 1 meas.
- 5 - 8 Repeat the action of meas 1-4.

II. Rocking Step

- Ptrs with R shoulders adjacent hold each other's R forearm with R hand.
- 1 Step fwd R, rocking fwd (ct 1), step on ball of L ft next to R heel straightening (ct 2), step R in place (ct 3). Repeat starting L (cts 4, 5, 6).
 - 2 - 3 Repeat the action of meas 1 (R L R L) keeping steps small, making a half circle CW, finishing in ptrs place.
 - 4 Reverence.
 - 5 - 8 Repeat the action of meas 1-4, L arms joined, starting L, returning to original place.

III. Kneeling and Arch Turn

- Ptrs join both hands (not crossed).
- 1 W kneel on R knee (cts 1, 2) bow head (ct 3). (This is slow, sustained action, not accented.) W rise slowly (cts 4, 5, 6).
 - 2 M perform action of meas 1.
 - 3 - 4 3 waltz steps turning under arched joined hands (M R, W L) and finishing in ptrs place. (This is a "dishrag" turn.) Slight Reverence last 3 cts.
 - 5 - 8 Repeat the action of meas 1-4 returning to original places. Repeat entire dance twice at faster tempo. During repetition of Fig I, meas 1-3, M snaps his fingers rhythmically.

Presented by: Vyts Beliajus

Folk Dance Camp, 1962