

EVANGELINA

Polka from Northern Mexico

Record No: Eco LP.P 207

Source: Sra. Alura Flores de Angeles of Mexico City

Evangelina



Formation: Couples facing LOD. inside hands joined. Man's free hand at waist (thumb in belt). Lady holds skirt with right hand.

Basic step: The zapateado from Northern Mexico: It is a polka step Thus: leap onto right foot in place raising left foot out to side (ct. 1) scuff left heel out to side, rise slightly on right toe (ct &); come down on right heel (ct 2); scuff left heel out at side (ct &)

Repeat with opposite footwork.

Part I: With basic polka step, do 14 face-to-face and back-to-back polkas.

Part II: Face center of circle, brush outside foot backwards between inside feet; brush same foot forward, brush it backwards and tap toe behind. Slide 4 slides towards center of circle. Face outside, and repeat step using opposite footwork. Repeat all.

Part III: In closed ballroom position: do 2 polka steps, then turn girl under man's left arm (woman uses 2 polka steps to turn once around). Repeat three more times.

Part IV: In closed hallroom position: Man steps forward left, step right foot in place, step back with left foot, step right foot in place, turn to right (clockwise) with four walking steps (L R L R). This is similar to a pivot, but don't turn as much.

Part V: Face partner, man facing out; hold hands arms extended shoulder high. Do 4 basic steps out away from center (man forward, lady back)
Do 4 "basic steps" in (man back, lady forward)
Repeat, 4 out, 4 in.

Repeat dance, but omit step 1 -- end with step 1

Sequence of steps: 1,2,3,4,5, 2, 3, 4, 5, 1

