

Long and Short German

(Ireland)

The Long and Short German dance is the same dance as Norway's "Rugen" and Germany's "Siebenschritt" (seven-step). Variants of this dance and tune are known all over Western Europe. Learned from Paddy Joe Gormeley (Co. Tyrone) and others.

Music: Germans, but barndances and hornpipes can be used.

Cassette: Ceol Adu aidh #102

Formation: Couples in waltz hold or barrel hold (shldr-shldr blade).

Meas

Pattern

Short	Long	
	1-2	7 side steps (step together) to M's L, W's R.
	3-4	7 side steps (step together) to M's R, W's L.
1	5	3 side steps (step together) to M's L, W's R.
2	6	3 side steps (step together) to M's R, W's L.
3-4	7-8	4 hop steps turning CW.
5		3 side steps (step together) to M's L, W's R.
6		3 side steps (step together) to M's R, W's L.
7-8		4 hop steps turning CW.

Presented by Danny and Joan Hathaway