

Fado for Fours

**Doubles:** To be done 2 "sets" of doubles per meas. Both pairs of cymbals at the same time: both (ct. 1); both (ct. &); both ct. 2); pause (ct. &); both (ct. 3); both (ct. &); both ct. 4); pause (ct. &).

**Clangs:** Used to accent the end of a phrase of music of dance; there are 3 clangs per meas: both (ct. 1); both (ct. 2); both (ct. 3); pause (ct. 4).

**Cymbals for Music "A: meas 1-10, will be the same in all 3 figures.**

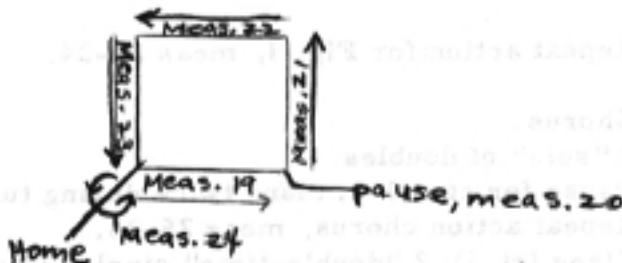
- | Meas.  | Pattern  |
|--------|--|
| A. 1-3 | 12 singles   |
| 4      | 3 clangs   |
| 5-8    | repeat cymbals for meas 1-4  |
| 9-10   | Vamp: 4 "sets" of doubles.   |
| B.     | Figure I   |
| 11-12  | Single (ct. 1); pause (ct. 2); single (ct. 3); pause (ct. 4); single (ct. 1); single (ct. 2); single (ct. 3); pause (ct. 4).   |
| 13-20  | Repeat cymbal action of meas 11-12 four times more.  |
| 21-23  | Six singles and one clang per meas: single (ct. 1); single (ct. &); single (ct. 2); single (ct. &); single (ct. 3); single (ct. &); pause (ct. 4); clang (ct. &). Repeat twice more. |
| 24     | 3 clangs.  |
| B.     | Figure II  |
| 11     | 2 "sets" of doubles  |
| 12     | 4 clangs   |
| 13-20  | Repeat action for Fig. II, meas 11-12 four times more.   |
| 21-24  | Repeat action for Fig. I, meas 21-24   |
| B.     | Figure III   |
| 11     | 2 "sets of doubles."   |
| 12     | 8 "double-time" singles  |
| 13     | 4 clangs   |
| 14-19  | Repeat action for Fig. III, meas 11-13 twice more  |
| 20     |  |
| 21-24  | Repeat action for Fig. I, meas 21-24.  |
| C.     | Chorus   |
| 25     | 2 "sets" of doubles  |
| 26     | Pause for cts. 1-2; clang twice during turn (cts. 3-4).  |
| 27-28  | Repeat action chorus, meas 25-26.  |
| 29     | Clang (ct. 1); 2 "double-time" singles (cts. 2, &); clang (ct. 3); 2 "double-time" singles (cts 4, &);   |
| 30     | 3 clangs   |
| 31-32  | Repeat action meas 29-30   |
| 33-40  | Repeat action meas 25-32.  |

--presented by Vyts Beliajus

--notations prepared with assistance of  
Marion Wilson

Fado for Fours (continued)

- | Meas.    | Pattern  |
|----------|--|
| C. 25-40 | Chorus: Repeat all action of Chorus, Fig. I, meas 25-40.   |
| A.       | III. Partner Turn, Elbow Hook  |
| 1-3      | R elbow hooked with partner, LH above head, beginning R, turn once around CW in place with 3 "basic" steps.  |
| 4        | Dropping elbow hold, turn individually 1 1/2 turns CW with 3 walking steps, L, R, L, and hook L elbows.  |
| 5-7      | L elbows hooked, RH above head, turn once around CCW in place with 3 "basic" steps, beginning R.   |
| 8        | Turn individually 1 1/4 turns CCW with 3 walking steps, L, R, L, end in own pos, facing center.  |
| 9-10     | Vamp: Repeat action Figure I, meas 9-10.   |
| B. 11    | RH curved in front of body, LH overhead, step on L (ct. 1); kick R twd center of square, leg straight, body curved bk (ct. 2); step fwd on R (ct. 3); hop R, L leg straight out in bk (ct. 4).   |
| 12       | Step bkwd on L (ct. 1); draw R in front of L, taking wt on R (ct. 2); repeat step-draw again without taking wt on R (cts. 3, 4).   |
| 13       | RH above head, LH curved in front of body, turn once CW into pos of dancer at R with 4 walking steps, R, L, R, L.  |
| 14-16    | Repeat action Fig. III, meas 11-13 reversing ftwk and H pos, and returning to own pos.   |
| 17-19    | Repeat action Fig III, meas 11-13. (At the end of meas 19, each dancer will be in one pos to the R of his own home pos.)   |
| 20       | Pause.   |
| 21       | Facing center, H down in front and curved twd body, move to R to next pos on square, repeating action of Fig. II, meas 21.   |
| 22       | Continue to next corner (CCW on square) with bk twd center, repeating ftwk of Fig II, meas 22 (reverse ftwk of meas 21). Continue to home pos (progressing CCW on square) facing center, repeating ftwk of Fig. III, meas 21 exactly. Turn in own place CCW with 3 walking steps L, R, L (cts. 1, 2, 3); hold, facing center, raising H (ct. 4). |



C. 25-40 Chorus: Repeat all action of chorus, Figure I, meas 25-40.

Finger Cymbals for Fado for Fours:

Finger cymbals are worn on thumb and middle finger of each hand and should be hit sideways to produce a ring; never hit flat.

Singles: Hit one pair of cymbals at a time for each ct. of meas. Four "singles" would be: R (ct. 1); L (ct. 2); R (ct. 3); L (ct. 4).

Fado for Fours

- | Meas.                                    | Pattern   |
|--|---|
| 26                                       | Hop with emphasis on L, extending R to R side, toes down touching floor and extending RH to R (cts. 1-2); cross R ft in front of L, taking wt on both, bringing RH curved in front of body. (ct. 3). Turn once completely around CCW, pivoting on balls of both feet (ct. 4). |
| 27-28                                    | Repeat all action of Fig. I meas 25-26 in reverse, hopping on R extending L, pivoting CW.   |
| 29                                       | Step-hop L, extending R ft behind (cts 1, 2); step bkwd on R, hop R pivoting 1/2 turn CW to face entrance corner (cts 3, 4).  |
| 30                                       | Walk 2 steps fwd twd own entrance corner, gradually lowering LH (cts 1, 2); point L heel fwd, bending <u>slightly</u> over, LH curved in front of body (ct 3); hold (ct. 4).  |
| 31-32                                    | Repeat action meas 29-30, beginning facing entrance corner, one half pivot CCW on ct 3 and 4 of meas 31; walk and point twd own corner of square during meas 32.  |
| 33-40                                    | Repeat all action of chorus, meas 25-32.  |
| II. Turn with Partner shoulders adjacent |   |
| A. 1-3                                   | R shoulders adjacent with partner, RH down and curved twd body, LH curved above head, beginning R, turn together CW once in place with 3 "basic" steps.   |
| 4  | With 3 walking steps, R, L, R, hold, turn CCW individually one half turn to place L shoulder adjacent with partner, bringing LH dn and curved twd body, RH high.  |
| 5-7                                      | L shoulders adjacent with partner, turn together CCW once in place with 3 "basic" steps, again beginning R.   |
| 8  | Individually turn CW into own pos with 3 walking steps, L, R, L, hold   |
| 9-10                                     | <u>Vamp</u> : Repeat action Fig. I meas 9-10.   |
| B. 11                                    | Step-hop fwd twd center of square on R, RH curved in front of body, LH overhead, body bent slightly fwd (cts 1, 2). Step-hop bkwd on L, turning one-half CW to face own entrance corner (cts. 3-4).   |
| 12                                       | Turn once CW in own diagonal entrance line with 3 walking steps R, L, R, bring RH above head, LH curved in front of body (cts 1 2 3); hold, facing away from square. (ct. 4).   |
| 13-14                                    | Reversing ftwk and H pos, repeat action Fig II, meas 11-12, turning CCW during meas 14 to return to own corner of square.   |
| 15-18                                    | Repeat action Fig II, meas 11-14.   |
| 19                                       | Repeat action Fig II, meas 11, but do not turn (All action facing center).  |
| 20                                       | <u>Pause</u>  |
| 21                                       | Facing center, H dn and curved twd body, move to position of dancer to R with: Step on R to R (ct 1); step L behind R (ct 2); step on R to R (ct 3); stamp L heel smartly near R (ct 4).  |
| 22                                       | Returning to own pos, reverse ftwk of Fig II, meas 21.  |
| 23                                       | Repeat action Fig II, meas 21.  |
| 24                                       | Turn once CCW to own pos on square with 3 walking steps, L, R, L, raising H gradually to curve overhead (cts 1 2 3); hold (ct 4).   |

# FADO FOR FOURS

(Portuguese)

Learned in 1935 by Vyts Beliajus from a Spanish "Gitana" (Gypsy) named Triana who claimed the dance to be in Portuguese National form.

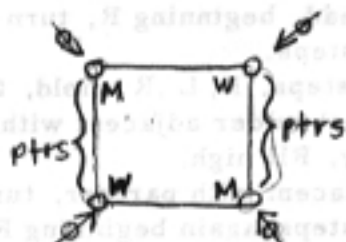
**Music:** Folkraft 1173 "Fado Blanquita." No other "Fado Blanquita" record will do.

**Formation:** for entrance: Two couples, each person to enter individually from 4 separate corners, W to R of ptr. The dance is performed diagonally twd center of a 4 ft (approx.) square and twd original entrance corner.

**Steps:** "Basic" - a type of schottische. H down in front, palms curved twd body, beginning R, walk fwd 3 steps (cts 1 2 3); extend L fwd near floor, tilting body very slightly bkwd and bringing LH slightly fwd (ct. 4). Beginning L, repeat all, bringing RH slightly fwd on ct. 4. This dance requires the use of finger cymbals, which must be learned separately. Feet, hands, and cymbals have to be co-ordinated

**Meas.** **Pattern**  
4/4 time 1 chord introduction.

**A. 1-3** 1. Introduction  
Enter from individual corners. Beginning R, dance 3 "basic" steps fwd twd square.



- 4 H down at sides; turn in place once CCW with 3 walking steps (L, R, L, hold).
- 5-8 Repeat action Fig 1, meas 1-4 ending in pos on corner of square.
- 9-10 Vamp: Arms down at sides, H curved twd body, step to R on R (ct 1); lightly stamp L heel next to R (ct. 2); step to L on L (ct 3); lightly stamp R beside L (ct. 4). Repeat action of these 4 cts.
- B. 11-20 Beginning R, dance once around an individual CW circle in own corner with 9 "basic" steps plus 2 walking steps; hold, facing center for cts. 3 & 4 of meas 20.
- 21 Beginning R, turn CW once in place with 3 walking steps (cts. 1 2 3); stamp L heel near R (ct. 4).
- 22 Reverse action and ftwk of Fig 1, meas 21.
- 23-24 Beginning R, turn CW in place two complete turns with 8 walking stamps, accenting 7th and 8th stamps, gradually raising H to overhead curved pos.
- C. Chorus
- 25 Hop on L, extending R to R side, toes dn and touching floor (ct. 1); hop L, turning R knee to R and pointing R toe down in front of L calf (ct. 2); repeat action ct. 1, (ct. 3); hop L, turning R knee to R and pointing R toe dn in bk of L calf (ct. 4).

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Fig. I, meas 4 change to read: "H down at sides, turn in place once CW etc."

Fig. I - B music, meas 11-24. Change all, thus: "Break"

meas 11 - 19, Beginning R, dance once around an individual CW circle in own corner with 9 "basic" steps.

\*meas 20: ct 1 - facing ctr step on L  
 ct 2 - facing ctr, close R to L, without wt.  
 ct 3 - beginning a turn to R, step on R.  
 ct 4 - continuing the turn R, step on L.

meas 21 (R turn & stamp)

ct 1 finishing the turn R, step on R.  
 ct 2 stamp L, without wt, next to R.  
 ct 3 beginning a turn to L, step on L.  
 ct 4 continuing the turn L, step on R.

meas 22 (L turn & stamp)

ct 1 finishing the turn L, step on L  
 ct 2 stamp R, without wt, next to L.  
 ct 3 beginning two turn R in place, step on R  
 ct 4 continuing the turns, step on L

meas 23 (2 turns R in place)

ct 1 continuing the turns, step on R  
 ct 2 continuing the turns step on L  
 ct 3 continuing the turns, step on R  
 ct 4 continuing the turns, step on L

meas 24 ct 1 continuing the turns, step on R  
 ct 2 finishing the second turn, step on L.  
 ct 3-4 hold.

\*Note: the turns begin immediately after the step-close - without any pause - so the turns are made during the last part of one meas and the first part of the next meas.

18 (cont'd) Fig. I - Chorus. meas 29. Change to read: Step-hop on L, turning 1/2 turn CW to face own entrance corner (cts 1-2);  
 step-hop on R (cts 3-4)

Figure II - meas 20-24 "Break" change all, thus:

meas 20 cts 1-2 pause  
 cts 3-4 facing ctr, Hs dn and curved twd body,  
 begin to move to pos of dancer to R with:  
 step on R to R, step L behind R.

*continued...*



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18 (cont'd)

Change  
Fado for Fours

- Fig. II, meas 21 ct 1 step on R to R  
ct 2 stamp L heel smartly (without wt) near R  
ct 3 returning to own pos, step on L  
ct 4 returning to own pos, step R behind L
- meas 22 ct 1 in own pos, step on L  
ct 2 stamp R heel smartly beside L without wt.  
ct 3-4 again moving to pos of dancer to R, step on R to R; step L behind R.
- meas 23 ct 1 step on R to R.  
ct 2 stamp L heel (without wt) next to R  
ct 3-4 beginning a CCW turn to own pos, step L, R.
- meas 24 ct 1-4 completing turn, step on L (ct 1) and hold (cts 2-3-4).

During the turn, gradually raise hands to curve overhead.

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Fig. III

meas 9-10 VAMP add "taking wt on R"

meas 20-24 "Break" change all thus:

meas 20 cts 1-2 pause

cts 3-4 facing ctr, hs down and curved twd body move CCW on square twd next corner with: step on R to R, step L behind R

meas 21 ct 1 step on R to R

ct 2 stamp L heel (without wt) beside R.  
ct 3 moving CCW on square, bk twd ctr, step on L to L.

ct 4 step R behind L.

meas 22 ct 1 step on L to L

ct 2 stamp R heel next to L (no wt)  
ct 3 facing ctr, move along last side of square into home pos with step on R to R.

ct 4 step L behind R.

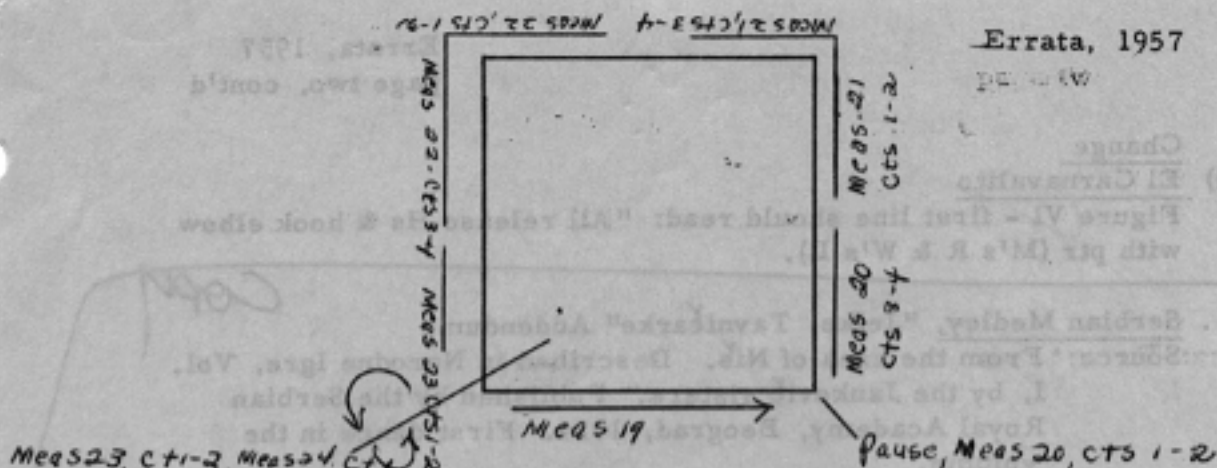
meas 23 ct 1 step to R on R

ct 2 stamp L sharply beside R with out wt  
ct 3 in home pos, begin a CCW 3-step turn by stepping on L  
ct 4 continue turn by stepping on R.

meas 24 ct 1 complete the turn by stepping on L.

cts 2-3-4 hold, facing ctr, raising Hs

*Continued...*



### Cymbals for Fado

Singles (ping) hit one pair of cymbals at a time.

Clangs - hit both pairs of cymbals at the same time.

Cymbals for Figures I, II, III, meas 1-10 will be the same.

meas 1-3 - 24 singles (8 singles per meas)

meas 4 - three clangs

meas 5-8 - repeat cymbals for meas 1-4

meas 9-10 - clang ---, clang --- clang, clang, clang & repeat

Figure I "Break" meas 11-19 - ping, ---, ping --- ping, ping  
ping & repeat 8 times more.

meas 20 - pause for 2 cts.

for turn & stamp: ping, ping, ping, ping, ping,  
---clang. repeat.

for 8 step turn: ping, ping, ping, ping, ping  
---clang---clang---clang---clang pause for  
2 cts.

Cymbals for Chorus will be same each time Chorus is danced.

meas 25 clang, clang, clang --- clang, clang, clang---

meas 26 pause cts 1 & 2. clang --- clang (during turn)

meas 27-28 repeat action meas 25 - 26

meas 29 clang --- clang, clang, clang --- clang clang

meas 30 clang --- clang --- clang.

meas 31-32 repeat action meas 29 - 30

meas 33-40 repeat action meas 25 - 32

Figure II "Break"

meas 11 clang, clang, clang --- clang, clang clang ---

meas 12 clang --- clang --- clang --- clang

meas 13 - 18 repeat action meas 11 - 12 three times more

meas 19 - repeat action meas 11

meas 20 clang --- clang (during pause in dance)

cymbals for remainder of Figure II are same as in Figure I

Figure III, "Break"

meas 11 clang, clang, clang, --- clang, clang, clang ---

meas 12 clang --- clang ---, clang, clang, clang

meas 13 clang --- clang --- clang --- clang

meas 14 - 19 - repeat action meas 11 - 13 twice more.

Cymbals for remainder of Figure III are same as in Figure I