

FAMILIE SEKSTUR (Danish)

A circle mixer in 6/8 meter from Prosto

MUSIC: Folkedans for Begyndere (tape)

FORMATION: Couples in a single circle, Lady at Man's Right side

STEPS: Buzz step (hurrettrin) and walking step

Measure

PATTERN

- 1-8 a) Big circle CCW 16 hurrettrin
- 9-10 b) 4 walking steps forward, slight bow and acknowledgement to someone in circle.
- 11-12 4 walking steps backwards
- 13-16 Repeat 4 steps in and 4 steps out of circle and acknowledge some one.
- 17-24 c) Chain, 14 walking steps, partners face, take Right hands and pass by Ladies, travel CW around the circle, Men travel CCW, alternating Right and Left hands (2 steps per hand)  
Count 1, 2, 3, 4, 5, 6, 7 with each hand shake. 7th person becomes new partner.

1-8 During subsequent repeats of the dance, the couples dance 16 hurrettrin on the spot in social dance position

- \* 9-12 It is customary to sing  
"En - og - to - og tre og fire"  
(When walking 4 steps towards center)  
"Og så til bavs igen"  
(When walking backward to place)

Translation: 1 & 2 & 3 & 4 and back again we go

Presented by Ingrid Christiansen at Maine Folk Dance Camp 1987

