

DANISH "FAMILY CIRCLE"
FAMILIE SÆKSTUR
(Danish mixer folkdance)

Personally learned in Scandinavia, first through Folke Kennryd, SGU, Folkdanslag, Norrköping, Sweden.

- Music: Linden 703 B - Danish "Family Circle." 4 meas. intro.
Piano - possible from Foreningen Til Folkedansens Fremme,
København, Denmark.
- Formation: (Beginning) Couples side by side with R on R of partner, in
closed single circle, all facing center. Hands joined at
shoulder height, elbows bent V-shaped so that dancers are
fairly close together.
- Steps: Side buzz; Buzz turn.
- Meas. (6/8)
- Intro. - Circle to Left.
- 1-8 In ring formation all dance to L (CW) with side buzz step, to wit:
facing toward center, toes pointing inward, cross R foot in front
of L and place weight on it on every beat, dragging L foot
immediately behind so as to propel body to L. 16 steps in all.
Steps should be small and light, with a slight dip on R foot on
each beat.
- B. In and Out
- 9-10 Hands still joined, all walk to center of ring with 4 steps,
gradually raising arms so they are at full height at middle, and
giving a slight "compliment" or nod with head on last beat.
- 11-12 Return to outer edge of ring with 4 walking steps bwd, lowering
arms to shoulder height again.
- 13-16 Repeat 9-12.
- C. Grand Chain
- 17-24 Beginning with own partner at #1, do a Grand Right and Left
(M moving CCW, W moving CW) for seven persons, hands held at
shoulder height throughout. Count aloud (preferably in Danish!)
for each person met, retaining #7 as a new partner.
- A. Swing Partner
- 1-8 In closed Danish waltz position, swing present partner with 16
buzz-steps around CW, M placing W to his R at end of 16th step.

All immediately rejoin hands in large ring for B. This is in turn followed
by C., thereafter A again, etc. This sequence -- ABCABC -- is followed
straight through to end of music, without repeat of Introduction, which is
done only once -- at beginning of the dance.

-- Presented by Gordon Tracie
Stockton Folk Dance Camp -- 1953.