

Feiar fra Vestlandet

Source: Klara Semb, Norske Folkedansar II, Noregs Boklag, Oslo 1975.

Record: TD-5, Norsk Grammofonkompani A/S, Oslo.

Music: 2/4

Steps: Galopp change-of-step, walking, step-hop.

Starting position: Couples in a circle around the room, woman on man's right, holding nearer hands at chest height. All face counterclockwise. Number the couples so that every other couple is couple 1 and every other couple is 2.

Measure

- 1-3 Dance three galopp change-of-step beginning with the outside foot. Face partner for the first one, turn almost back to back for the second one, and face for the third. Lead arms back, forward, back.
- 4 Walk two steps with slight stamps beginning on the inside foot. Turn to take the first step straight forward. Face partner for the second step, taking it to the side (almost in place). Change hands.
- 5-8 Repeat measures 1-4 with opposite footwork and travelling in the opposite direction. On the last walking step, do not change hands. Couple 2 walks straight forward on both steps. Couple 1 turn 1/2 turn toward partner to face the couple 2 that is to the counterclockwise side. The two walks have slight stamps and the weight must end on both feet.
- 9-12 All clap hands on count 1, measure 9, and the 1 and 2 couple pairs make a wheel by taking a right-hand thumb grasp with the person opposite. (Hook thumbs and rest fingers on top of the wrist of the person opposite.) Face clockwise in the group of four. Dance eight step-hops forward, rotating clockwise, beginning with the left foot.
- 13-16 All turn 1/2 turn to right and change hands. Repeat measures 9-12 rotating in the opposite direction back to place. At the end of measure 16, the woman must free the right foot.

Repeat of dance

- 1 The dance will now repeat, but measure 1 is different. Couple 2 take hands, man's left and woman's right and make an arch. Couple 1 dances under the arch, dancing as described for measure 1 the first time. Couple 2 begin dancing clockwise, man with the left foot and woman with the right. When couple 1 has passed under the arch, they turn somewhat back to back.

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Couple 2 turn quickly to face each other and change hands. They then proceed with measures 2-4 as described for the first time. They are now following couple 1. On measure 2, each partner of couple 2 must do an abrupt near-complete turn to come back to back by the end of the measure.

All progress by one couple each time the dance is done, the 1 couples progressing counterclockwise and the 2 couples progressing clockwise.