

FEISTRITZER LAENDLER
(LOWER AUSTRIA)

For easy reading open staples,
remove description, close staples.

Feistritzer Laendler (Fei sh tri tzer), described in "Oesterreichische Volkstanz" by Raimund Zodek, Vienne, is very popular with the folk dancers of Austria. It originated in the Austrian village of Feistritz, and was introduced at College of the Pacific Folk Dance Camp by Walter Grothe in the summer of 1960

MUSIC: Record: Zither Melodies AH 46-602

FORMATION: Cpls any place on the floor; inside hands joined a little below shoulder height. Free fist on hip, or M may hook thumb in suspender, knuckles fwd. W may hold corner of apron.

STEPS AND STYLING: The Laendler step which is used throughout the dance is a flat footed waltz, executed as smoothly and quietly as possible, with no swaying of the body. There is a continuous, even flow of movement all through the dance.

Peasant Waltz Position: Ptrs face, hands are placed on ptrs shoulder blades, W arms on top, ptrs close, with arms rounded.

MUSIC 3/4 PATTERN

Measures

4 INTRODUCTION -- No action

I. WOMAN TURN

1-8 Raise inside hands. Beginning ML, WR, W make 4 CW turns in front of M, both progressing fwd. M accents by stamping lightly on 1st and 3rd ct of each meas.

II. BEHIND THE NECK

1-2 Join both hands, M lower R and raise L. W turn 3/4 CW under ML, WR. MR, WL rest on small of W back. M lower L to back of neck.

3-8 Turn CW.

9-11 Unwind by raising ML, WR. W turn 1-1/2 CCW as M lower L to small of W back. M turn 1/2 CW and lower R to back of neck.

12-16 Turn CCW.

III. AROUND THE SHOULDER

1-2 Raise MR, WL, W turn CW, M CCW to bring MR, WL hip adjacent. Lower MR, WL to WR shoulder; extend ML, WR fwd.

3-4 Turn CW.

5-6 Unwind by raising MR, WL. W turn CCW, M turn CW to bring ML, WR hip adjacent. Lower ML, WR to WL shoulder; extend MR, WL fwd.

7-8 Turn CCW.

IV. SPINNING WHEEL

1-2 Raise joined hands overhead, fairly close together. M dances in place while W turns 3/4 CW (W has back to ptr).

3-6 W continue turn CW while M turn CCW. As ptrs turn, both to face same direction, alternately W back to ptr, M back to ptr.

7-8 W dance in place while M complete CCW turn to face ptr.

V. TURN AND PURSUIT

1-4 Place MR, WL hands in small of W back; ML, WR hand on ML hip. Turn CW.

Move joined hands to W's hips. M bend fwd slightly, push W bwd LOD. M stamp lightly on cts 1 and 3 of each meas.

VI. WOMAN BACK GRASP

1-8 Both turn 1/3 CW, L hips adjacent. M release WR hand, reach over L shoulder, rejoin hands behind small of W back. M raise WL arm straight across M chest, still joined with MR. Turn CCW.

VII. BOTH BACK GRASP

1-4 W bend and turn 1/4 CCW under ML. Lower ML, WR - both turn 1/2 (W CCW, M CW) under MR, WL until back to back. Lower MR, WL - step slightly to own L with R hips adjacent. Look over R shoulder at ptr.

5-8 Turn CW.

9-16 Reverse pos with L hips adjacent. Turn CCW.

VIII. WOMAN LEAD AROUND

1-2 M bend and turn 1/2 CCW under WL arm. M rise and W turn 3/4 CW under MR arm to face ptr.

3-4 Release hands, join L. W circle CCW around M to end slightly behind and to R of M. Tuck L hands under ML arm. Join R hands low and slightly fwd.

5-8 Turn CCW.

9-16 Reverse pos, W move behind M to ML side. Turn CW.

IX. BOTH TURN

1-9 Release L hands, M back out under joined R hands, turning CCW. Both turn, W CCW, M CW under joined R hands (free hands down at sides).

X. LAENDLER

1-24 In peasant waltz position ptrs turn CW, progressing CCW.

25 M turn W once CW under ML, WR. Bow.