

FIDAYDA (Turkish)

Men's dance which can be done as a mixed dance

Formation: circle

Part I individually in circle

<u>Measure</u>	<u>Count</u>	<u>Description</u>	
1	1	Long step with R foot in CCW LOD	arms move in upward sweeping arc from L to R, ending extended to R
	and	Step with L close to R	
	2	Long step with R in LOD (lean upper body to R)	
	3	Touch ball of L foot close to R	
	4	Hold	
2		Still moving in CCW LOD, Repeat measure 1 with opposite footwork, but end facing center, leaning upper body toward L	
3	1-3	Repeat measure 1, counts 1-3	
	4	Bend R knee slightly	
4	1	Pivot partway to center on R heel while slightly lifting L foot and replacing it near R foot	arms make sweeping arc from R to L, ending at head height, diagonally forward to each side
	2	Bend R knee slightly	
	3	Repeat count 1 (meas. 4) but pivot to face directly center	
	4	Repeat count 2	
5	1	Open L foot to side and place about 12" from R foot, taking equal wt. on both feet	
	2-4	hold position of feet. R hand moves to front of waist with palm facing body. L hand moves to back of waist, palm facing out.	

Count

Part II

<u>Measure</u>	<u>Count</u>	<u>Description</u>
1	1	Hands remain as described in Part I, measure 5. Facing center, step up onto ball of R foot while crossing it in back of L
	and	Step down sideways onto L foot with bent knee
	2 } and }	Repeat counts 1-and
	3	Step up onto ball of R foot, crossing it in front of L; reverse R & L hand positions
	and	Step down sideways onto L foot with bent knee
	4	Repeat counts 1-and, bringing hands back to original position
2-3		Repeat measure 1 twice
4	1	Bring hands to raised/forward position; stamp R foot diagonally forward of L, leaving R foot on floor
	2	Lift R toe, leaving heel in place
	3	Tap R toe
	4	Lift R toe (as in count 2)
5	1	Tap R toe
	and 2	hold position from count 1
	and a 3 and a 4 and a	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;"> quick----snap R quick----snap L slow----snap R quick } quick } repeat above 3 snaps slow } quick----snap R quick----snap L </div> <div style="font-size: 4em; margin-right: 10px;">}</div> <div>Hold foot position</div> </div>

cont

Part III

Arms are extended out to sides but diagonally down; the circle closes during measure 1 with hands behind neighbors' waists, palms forward.

During this sequence, the body leans slightly back w/straight back. The step moves in CW direction while facing directly center. (The circle can move in CCW direction, if desired.)

<u>Measure</u>	<u>Count</u>	<u>Description</u>
1	1	Facing center, feet facing forward, step forward on R w/bent knee
	and	Step back w/L to ball of foot, knee straight
	2-and 3-and 4-and	Repeat counts 1-and three more times.
2-4		Repeat measure 1 three more times (16 down-up steps in all), moving to the L (or R)

Part IV

Arm position remains the same as in Part III. Circle moves in CW direction.

1	1	Still facing center, step slightly forward w/R foot, bending knee. Lean back w/upper body but keep back straight (don't bend at the waist). Emphasize this position.
	and	Step back w/L onto ball of foot. Body straightens to upright position.
	2	Step slightly back w/R, bending knee.
	and	Step slightly forward w/L to ball of foot.
	3-and 4-and	Repeat counts 1-and-2-and
2-4		Repeat measure 1 three more times (8 forward/backward steps in all).