

Fill the Fetters

A 32 – bar Strathspey for a 4-couple square set

by Roberta&Howard Lasnik

Bars

- 1 – 8 All set to partners, turn with both hands once round, then dance eight hands round half way.
- 9 – 16 All face as for a grand chain. Turn partner with the right hand 1-1/2 times, pass the next person by the left shoulder (women dancing clockwise, men counterclockwise), turn the third person with the right hand 1-1/2 times, pass the fourth person by the left shoulder finishing in original places on the sides of the square. (Two-bar phrasing.)
- 17 – 20 1st and 3rd couples change places with the person opposite with the right hand, and dance four hands round to the left half way.
- 21 – 24 2nd and 4th couples repeat bars 17 – 20.
- 25 – 32 All set (in promenade hold, woman on her partner's left), then all set advancing; turn to face out (turning towards partner and retaining promenade hold) and lead out through original places, then bear right to the new position, one place clockwise round the square.

Repeat the dance three more times, each from a new position.

Roberta and Howard Lasnik wrote this dance to the tune written by Barbara McOwen. Both are dedicated to Evelyn M.E. Murrays, F.S.A.Scot, one of the Boston Branch's most active members and teachers. She cofounded the New Hampshire Highland Games in 1975 and has served as editor of The Tartan Times for over 30 years. Dance and tune title refer to an Atholl Murray clan motto, which translates to "Faith, fortune, and may you fill the chains in your castle dungeons with many fine income-producing prisoners," a somewhat outdated yet sincere form of "good luck."