

Firkant Reinlender

(Norway)

A two-couple variation of the standard Norwegian Reinlender

Pronunciation: FEER-kahnt RINE-len-der

Music: any Reinlender melody

Rhythm: 2/4

Formation: Groups of 2 couples facing CCW around the room. M on W's L. High handhold. Back couple reaches free hands fwd to high handhold with front couple.

Styling: Playful.

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| <u>Meas</u> | <u>Pattern</u> |
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Footwork: Use only the basic step in regular Reinlender.

I. FIGURE 1 : "Goodbye!"

Both couples progress fwd around room during the two "1-2-3-hop" steps, then stop and change places during the four "step-hop" steps by doing the following: Front couple releases hands (with each other, not the other couple!) and dances away from each other as the back couple dances straight forward, the front couple coming around the back couple and taking hands again, now as the back couple. Repeat.

II. FIGURE 2: "Sneak!"

Both couples progress fwd around room during the two "1-2-3-hop" steps, then stop and change places during the four "step-hop" steps by doing the following: Without ever releasing any hands, back couple dances slightly away from each other, allowing front couple to dance straight backwards, under the back couple's joined hands. The back couple twist under their own joined hands to become the front couple. Repeat.

Pattern: "Goodbye," "goodbye," "sneak," "sneak" until music ends.

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