

FJÄSKERN (Swedish)

Mixer couple dance. Beginning formation: couples, holding inside hands and women on outside (to right of men), in circle facing CCW. (NOTE: watch the tempo, as it increases to a rapid pace near the end.)

<u>FIGURE</u>	<u>COUNTS</u>	<u>STEPS</u>
I	1-16	Starting on L, go 16 steps forward
	17-32	Turn separately (i.e., W are always on the outside of the circle) and go 16 steps in CW direction
II	1-2	(Face partner; hands on hips) Step on L Point R heel
	3-4	Step on R Point R heel
	5-8	Step -> L (and clap hands), R, L, R, while passing R shoulders and changing places with partner
	9-32	Repeat 1-8, Fig. II, three times

(NOTE: After Figure II is completed, men run ahead to woman next ahead in circle.)