

## Fjäskern - Denmark

Couple dance, couples in double circle, M on inside, inside hands held in W-Position. Meter 4/4.

In these notes, the terms outside and inside foot are used. The inside foot is the one closest to your partner, the outside foot is the one further away from your partner.

### Measure Count Step

#### Part I

- |     |     |   |
|-----|-----|---|
| 1   | 1-4 | Facing LOD, step forward on outside foot (1), step forward on inside foot (2), step forward on outside foot (3), step forward on inside foot (4). |
| 2-4 |     | Repeat measure 1 three times. At the end of measure 4, turn individually to face RLOD.  |
| 5-8 |     | Repeat measures 1-4. At the end of measure eight, turn to face your partner, (weight should be on L foot).  |

#### Part II

- |     |     |   |
|-----|-----|---|
| 1   | 1-2 | Step on R foot and kick L leg forward with straight leg (1), bring L leg back and kick R foot forward (2).            |
|     | 3-4 | Repeat counts 1-2   |
| 2   | 1-4 | Clap hands and run forward on R foot (1), take three more running steps to finish changing places with partner (2-4). |
| 3-8 |     | Repeat measures 1-2 three times.  |

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