

## Flowers of Edinburgh

From "The Contra Dance Book", Holden, Kaltman, Kulbitsky, 1956

1st couple only active; 2-4-6(-8) cross over

Music: Any good 48 measure reel.

### Cts

### Pattern

- |       |   |
|-------|---|
| 1-8   | Head & foot go fwd and back                             |
| 9-16  | Head down the ctr, foot up the outside                  |
| 17-24 | Same two couples fwd and back                           |
| 25-32 | Down the inside, up the outside                         |
| 33-48 | Chain at head; star in the middle; right & left at foot |
| 49-64 | Circle at head & foot; middle right & left              |
| 65-80 | Right hand star at the head & foot; chain in the middle |
| 81-88 | Everybody cross right over (& turn back)                |
| 89-96 | Head couple down center to foot                         |

### Explanation:

Restrict sets to just 6 or 8 couples. Just the first and last couple in each set are working at the beginning.

(25-32) Foot couple now in head position, move down the center to place at the foot; head couple, now in foot position, move up outside to place.

Each of the next three parts has different groups of couples doing different things. (33-48) Head couples ladies chain; center couples right, then left hand star; foot couples right and left thru. (49-64) Head and foot couples circle four to the left, then right; center couples right and left thru. (65-80) Head and foot couples right, then left hand star; center couples ladies chain.

## CW Freeze

(Solo Dance)

### Cts

### Pattern

- |       |  |
|-------|--|
| 1-4   | Right, left, right, left<br>Side to side with R ft, cross L behind R ft, step R with R ft, lift L ft cowboy fashion. |
| 5-8   | Left, right, left, right<br>Side to side with L ft, cross R behind L ft, step L with L ft, lift R ft cowboy fashion. |
| 9-12  | Right, left, right, left<br>Walk back with R, L, R, lift L fwd.  |
| 13-16 | Left, right, left, right<br>Rock L fwd, rock R back, L fwd, 1/4 turn L on L ft, at same time lift R knee.            |

Repeat until end of music.

Variation: The Electric Slide has two more beats. In place of the first two rocks do a "Rock touch" (rock fwd on L, touch R behind L, rock back on R, touch L beside).