

FOEHRINGER KONTRA

This is a traditional dance from WIK on the North Sea Island FOEHR. It is a quadrille, the name Kontra is misleading.

Main music and description in GERMAN FOLK DANCES Vol. I by Paul Dunsing (out of print)

Main English description by Gretel Dunsing PLEASE DO NOT COPY WITHOUT WRITTEN PERMISSION.

Record: Tanz EP 58615 2/4 time Formation: four couples in a square

Introduction: join inside hands with partners (with very slight bow and Meas. 1-8 curtsy) meas. 1-4; join other hands with corner, thus forming the circle, 5-8.

1-8 with repetition CIRCLE CW and CCW (sixteen steps each or eight hopsteps each) Face partner, W back to LOD, M facing LOD, join both hands forward

9-16 PUSHCART with four hop-steps move in LOD or CCW, to the next position in the square, # 1 to # 3 position, etc., she moves backwd., drop hands, turn to face corner. (You are now back to back with

your partner) Join hands with corner and return home. W again going bkwd.

9-16 repetition repeat as explained in 9-16

17-24 with repetition GRAND RIGHT AND LEFT WITH RUNNING STEPS, pause for a slight greeting when you meet at opposite side and continue to home position

25-32 ARMING Hook right elbows and swing, using running steps (16)

25-32 repetition hook left elbows and swing - f r e e hands on h i p s .

SECOND TOUR

1-8 with repetition Women's round W walk inside the circle, hands on hips, 16 steps CCW and 16 steps CW to original position.

9-32 with repetitions is in a l l t o u r s danced as in 1st tour

Third tour

1-8 with repetition Men's round Men walk inside the circle - first CW then CCW, and return to places to face partner for the pusheart.

Fourth Tour

1-8 with repetition Handtour right and left couples join right hands and turn in place with eight hop-steps or walking steps, then join left hands and turn in place with eight hop-steps or 16 walking steps.

ENDING CIRCLE

1-8 with repetition. All join hands and circle CW and CCW with sixteen walking steps each way. Hold circle for a moment then bow and curtsy to partner.