

FOLK DANCE FEDERATION OF CALIFORNIA, INC.  
STATEWIDE 1966

FOLIAS  
(Spain)

*fol lee as*

Learned from Senorita Marta Padilla, director of the dance group of the Hogar Canrio, by Anthony Ivancich in Madrid, March 1963. Maestra Padilla says of the Folia, "The Folia is the most important song of the Canary Islands. It is passionate and idyllic, reflecting the true temperament of the feelings of the fortunate inhabitants of the Blessed Islands. At the same time, it is a gentle and witty dance. It possesses a special fixed form, and its harmonic form is stereotyped."

MUSIC: Hispa Vox - HH10-158, also on Cross Roads label.  
Although this dance is written in 2/4 time, the time signature of this music is 6/4

FORMATION: Any number of couples in a circle, M facing CW, W facing CCW.

ARMS: Movement of arms is described for M. W use opp arms. Start with the R arms up to the side and the L arm down to the side. Hold this pos for the 1st meas. In the 2nd meas reverse arms, L arm up, R arm down. In the 3rd and 4th meas arms are in original pos. This sequence repeats every four meas. The arms are rounded and natural at all times.

MUSIC 6/4

PATTERN (2/4 Time)

*(111)11111*

Meas	Cts	(Pattern described for M, W use opp ft)
1-3	6	INTRODUCTION - Three chords plus three beats
1	5 1	Facing ptr, step on R ft to R. <i>touch + lift</i>
	6 2	Hold.
2	1	Step on L ft to L, pivoting 1/4 turn CW to face ctr.
	2	Step on R ft to side of L ft.
3	1	Step on L ft and pivot 3/4 turn CCW. Ptrs are now back to back.
	2	Stop turn by touching R ft to floor.
	6	Lift R leg slightly from floor with heel close to L calf.
4	1	Step on R ft to R.
	2	Hold.
5	1	Step on L ft to L and pivot 3/4 turn CW on L to face ctr of circle.
	2	Take wt on R ft stopping pivot.
6	1	Step on L ft turning 1/4 CCW to face ptr.
	2	Touch R ft beside L - do not take wt.
	6	Flex R leg as in meas 3, ct 6.
7	1	Step on R ft to R.
	2	Hold.
8	1	Step L starting a small circle CCW.
	2	Step R almost finishing the circle.
9	1	Step L finishing circle to face ptr.
	2	Touch R ft beside L - do not take wt.
	6	Flex R leg as in meas 3, ct 6.
10	1	Step on R ft to R.
	2	Hold.
11	1	Step on L ft turning 1/4 CW to face ctr of circle.
	2	Step on R ft turning 1/4 CW to face R hand W.

*2 3 4 5 6*

*(W)*

*(R) St. 1 + hold*

*Step R + face*

*Step L next to*

*3/4 turn on R*

*Touch lift*

*St L + hold*

*St R to R + 3/4 turn*

*to face ctr*

*St L next R*

*1/4 turn on R to face*

*Touch + lift L*

*St L + hold*

*3 step turn - face ptr*

*Touch + pose*

*1/4 to face ctr on R*

*1/4 to face corner on L*

*Face R*

*Touch + pose*

*... more 1/4 R to face ctr on*

*1/4 to pass ptr on L*

*(R to L)*

*Face on R*

*Touch + pose*

- 12        1     Step on L ft fwd.  
          2     Touch R ft beside L - do not take wt.  
          &     Flex R leg as in meas 3, ct &.

- 13        1     Step on R ft to R.  
          2     Hold.

MAN'S PART

- 14        1     Step on L ft turning 1/2 CW  
          2     Step on R ft fwd passing ptr (L hand W) with R shoulders.
- 15        1     Step on L ft facing a new ptr.  
          2     Touch R ft beside L - do not take wt.  
          &     Flex R leg as in meas 3, ct &.

WOMAN'S PART

- 14        1     Step on R ft turning 1/4 CW to face ctr of circle.  
          2     Step on L ft turning 1/4 CW passing ptr with R shoulders.
- 15        1     Step on R ft and end facing a new ptr.  
          2     Touch L ft beside R - do not take wt.  
          &     Flex L leg as in meas 3, ct &.

The above is not meant as a complete description of the Folias and should not be used as such.

Notes by Bob Moriarty