

1970 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

Presented by: ANTHONY IVANCICH

FOLIAS Canary Islands, Spain

SOURCE: Learned from Senorita Marta Padilla by Anthony Ivancich in Madrid, March 1963. Maestra Padilla says of the Foliás, "The Folia is the most important song of the Canary Islands. It is passionate and idyllic, reflecting the true temperament of the feelings of the fortunate inhabitants of the Blessed Islands. At the same time, it is a gentle and witty dance. It possesses a special fixed form, and its' harmonic form is stereotyped."

MUSIC: Special Cut Record 345-A

FORMATION: Any number of couples. Ptrs facing each other in a single circle, M facing CW, W facing CCW.

ARMS: Movement of arms is desc for M W use opp arms. Start with the R arm up to the side and the L arm down to the side. Hold this pos for cts 5,6. In cts 1-2 reverse arms, L arm up, R arm down. In cts 3,4, & arms return to orig pos. This d sequence repeats every 6 cts. The arms are rounded and natural at all times.

MUSIC: 6/8

PATTERN

Meas ct (Pattern desc for M. W use opp ftwk)

- | | | |
|----|-----|--|
| | 1-3 | INTRODUCTION (Wait on L ft) |
| | 4 | Touch R beside L-no wt. |
| | & | Lift R leg slightly from floor with heel close to L calf |
| ** | 5 | Facing ptr, step on R to R |
| | 6 | Hold |
| 1 | 1 | Step to L on L, turning 1/4 turn CW and facing ctr. |
| | 2 | Step R to R |
| | 3 | Step on L and pivot 3/8 turn CCW on L. Ptr are now back to back. |
| | 4 | Stop turn by touching R ft to floor. |
| | & | Lift R leg slightly from floor with heel close to L calf. |
| | 5 | Step on R to R |
| | 6 | Hold |
| 2 | 1 | Step on L and pivot 3/4 turn CW on L to face ctr of circle. |
| | 2 | Take wt on R stopping pivot. |
| | 3 | Step on L turning 1/4 CCW to face ptr |
| | 4 | Touch R beside L - do not take wt. |
| | & | Lift R leg as in meas 1, ct 4 & |
| | 5 | Step on R to R |
| | 6 | Hold |
| 3 | 1 | Step L starting a small circle CCW |
| | 2 | Step R almost finishing the circle |
| | 3 | Step L finishing circle to face ptr |
| | 4 | Touch R ft beside L - do not take wt |
| | & | Lift R leg as in meas 1, ct 4 & |
| | 5 | Step on R to R |
| | 6 | Hold |

Continued...

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Folias, Continued

- 4 1 Step on L turning 1/4 CW to face the ctr of circle
 2 Step on R turning 1/4 more to face R hand W
 3 Step on L fwd
 4 Touch R beside L --do not take wt
 & Lift R leg as meas 1; cts 4 &
 5 Step on R to R
 6 Hold

MAN'S PART

- 5 1 Step on L turning 1/2 CW
 2 Step on R passing ptr (L hand W) with R shldr
 3 Step on L and end facing a new partner
 4 Touch R beside L-- do not take wt
 & Lift R leg slightly from floor with heel close to L calf

WOMAN'S PART

- 5 1 Step on R turning 1/4 CW to face center of circle
 2 Step on L turning 1/4 CW and passing ptr with R shldr
 3 Step on R and end facing a new partner
 4 Touch L beside R-- do not take wt
 & Lift L leg slightly from floor with heel close to L calf

Repeat dance from ** until end of music