

1974 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Anthony Ivancich

FOLIAS

Spain

Foh-LEE-ahs

Learned from Senorita Marta Padilla by Anthony Ivancich in Madrid, March 1963. Maestra Padilla says of the Folia, "The Folia is the most important song of the Canary Islands. It is passionate and idyllic, reflecting the true temperament of the feelings of the fortunate inhabitants of the Blessed Islands. At the same time, it is a gentle and witty dance. It possesses a special fixed form, and its harmonic form is stereotyped."

MUSIC: SPECIAL CUT 345 A 6/8

FORMATION: Any number of couples in a circle, M facing CW, W facing CCW.

ARMS: Movement of arms is described for M. W use opp arms. Start with the R arms up to the side and the L arm down to the side. Hold this pos for cts 5-6. In cts 1-2, reverse arms, L arm up, R arm down. In cts 3,4,&, arms return to orig pos. This dance sequence repeats every 6 cts. The arms are rounded and natural at all times.

6/8

PATTERN

Meas	Cts	(Pattern described for M, W use opp ft)
	1-3	Wt on L ft
	4	touch R beside L, no wt
	&	lift R leg slightly from floor, with heel close to L calf.

**

	5	Facing ptr, step R ft to R.
	6	Hold
1	1	Step to L on L ft, turn 1/4 turn CW to face ctr
	2	Step R to R
	3	Step on L ft and pivot 3/4 turn CCW on L. Ptrs now back to back.
	4	Stop turn by touching R ft to floor
	&	Lift R leg slightly from floor with heel close to L calf
	5	Step on R to R
	6	Hold
2	1	Step on Lft and pivot 3/4 turn CW on L to face ctr of circle.
	2	Take wt on R ft to R stopping pivot
	3	Step on L ft turning 1/4 CCW to face ptr
	4	Touch R ft beside L - do not take wt
	&	Lift R leg as in meas 1, ct 4,&.
	5	Step on R to R
	6	Hold

Continued...

- 3 1 Step L starting a small circle CCW
 2 Step R almost finishing the circle
 3 Step L finishing circle to end facing ptr
 4 Touch R ft beside L--do not take wt.
 & Lift R leg as in meas 1, cts 4,&
 5 Step on R to R
 6 Hold
- 4 1 Step back on L, turning 1/4 CW to face ctr of circle
 2 Step on R turning 1/4 more CW to face R-hand W.
 3 Step on L ft fwd
 4 Touch R ft beside L-do not take wt
 & Lift R leg as in meas 1, cts 4,&
 5 Step on R to R
 6 Hold
- 5 MAN'S PART
 1 Step back on L ft turning 1/2 CW
 2 Step on R ft passing ptr (L-hand W) with R shoulders
 3 Step on L ft and end facing a NEW ptr
 4 Touch R ft beside L - do not take wt
 & Lift R leg slightly from floor with heel close to L calf
- WOMEN'S PART
 1 Step back on R ft turning 1/4 CW to face ctr of circle
 2 Step on L ft turning 1/4 CW passing ptr with R shoulders
 3 Step on R ft and end facing a NEW ptr
 4 Touch L ft beside R - do not take wt
 & Lift L leg slightly from floor with heel close to R calf

Repeat from ** until end of music.

These dance descriptions may not be reproduced without written permission from Anthony Ivancich. These notes are designed to aid those who have learned the dance from a qualified teacher of the dance.