

FOLSOM PRISON BLUES

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Position: INTRO: OP-FCG lead hnds jnd. DANCE: OP-FCG.

Footwork: Opposite.

Meas

INTRO

- 1-4 WAIT; WAIT; VINE/TWIRL,2,STEP/STEP,STEP; REV VINE/TWIRL,2,STEP/STEP,STEP;
1-2 In OP fcg pos M's L & W's R hnds jnd wait 2 meas;;
3-4 M vine LOD side L, XRIB, in place L/R,L; start R & repeat action twd RLOD;

PART A

- 1-4 (Chase)TRN R,REC,X/SIDE,X; SIDE,REC,X/SIDE,X; FWD,REC,BK/STEP,STEP; BK,REC,FWD/STEP,STEP(BFLY);
1. In OP fcg M step L swd twd wall & turn ¼ RF to face RLOD, rec R, XLIF of R/side R, XLIF(W rock bk twd wall R, rec fwd L, fwd COH R/L,R);
2. M rock swd COH R, rec L, XRIF of L, swd twd wall L, XRIF of L(W trn RF to face LOD rock swd twd COH L, rec R twd wall, XLIF of R, swd R, XLIF of R);
3. M turn LF to face ptr rock fwd L, rec R, bk twd COH L/R,L (W rock swd twd wall R, rec L twd COH XRIF of L/swd L, XRIF of L);
4. M rock bk twd COH R, rec fwd twd wall L, fwd R/L,R(W turn LF face ptr rock fwd L, rec bk twd wall R, bk L/R,L)end Bfly M fcg wall;
5-8 SD,XIB,TRN/STEP,STEP; SD,XIB,TRN/STEP,STEP; APT,REC,CHG SIDES/STEP,STEP; APT,REC,FWD/STEP,STEP;
5. In Bfly Pos step swd LOD L, XRIB of L (W XIB also), side LOD trng to OP L/R,L;
6. Turn bk to bk M start R & repeat action of Meas 5 end in OP fcg LOD;
7. Rock apt L (W R), rec R, M XIB of W twd wall XLIF of R/swd R, XLIF of R(W XIF of M twd COH) end in L OP fcg LOD;
8. Rock apt on R, rec L, fwd LOD R/L,R;
9-12 FWD,REC,BK/STEP,STEP; APT,REC,CHG SIDES/STEP,STEP; APT,REC,FACE/STEP,STEP; BK,REC,FWD/STEP,STEP;
9. In L OP do a Basic Cha Cha fwd L, rec R, bk L/R,L;
10. Rock apt R, rec L, M XIB of W twd COH XRIF of L/side L, XRIF of L (W XIF of M twd wall) end OP fcg LOD;
11. Rock apt L,rec R, face ptr L/R,L end in Bfly Pos M fcg wall;
12. Basic Cha Cha rock bk R, rec L, fwd R/L,R;
13-24 REPEAT ACTION OF MEAS 1-12 END IN BFLY POS M FCG WALL;

PART B

- 1-4 TOE,HEEL,X/SD,X; TOE,HEEL,X/SD,X; FWD,REC,BK/2,3; BK,REC,SWD/2,3;
1. In Bfly Pos M fcg wall tch L toe to R instep, tch L heel to R instep, XLIF of R/swd R twd RLOD (W XIF), XLIF of R;
2. Start M's R & repeat action of meas 1 Part B twd LOD;
3. Basic Cha Cha fwd twd wall;
4. Step bwd R, rec L, swd RLOD R/L,R end L OP fcg RLOD;
5-8 FWD,REC,FACE/STEP,STEP; KICK,STEP,SHAKE/2,3; FWD,REC,BK/STEP,STEP; BK,REC,SWD/2,3;
5. In L OP fcg RLOD step fwd L, rec R, turn face ptr L/R,L;
6. Trng slightly twd LOD kick R in front of L (W kick L), trn to face ptr step R to L, with feet together SHAKE ONLY UPPER BODY in 3 quick cts; NOTE: SHAKE may be done in OP fcg ptr OR hnds jnd.
7-8 REPEAT ACTION of meas 3-4 of Part B;;
9-12 FWD,REC,FACE/STEP,STEP; KICK,STEP,SHAKE/2,3; FWD,REC,BK/STEP,STEP; BK,REC,FWD/STEP,STEP;
9-11 REPEAT ACTION of Meas 5-7 of Part B;;
12. Step bk twd COH R, rec L, fwd twd wall R/L,R to OP fcg lead hnds jnd;

Sequence: INTRO - A - B - A Meas 1-12 - B - A Meas 1-4 - ENDING

ENDING: VINE/TWIRL(Tamara),STEP/STEP,STEP; REV VINE/UNWRAP,2,STEP/STEP,STEP; ROCK APT ON BOTH HEELS.

1. M does a 2 step vine XRIB (W twirl RF R,L)end in Tamara Pos L/R,L;
2. M vines in 2 steps RLOD (W LF twirl under lead hnds) end Bfly M fcg wall R/L,R;
3. Maintaining hnd hold rock apt on both heels & SMILE !!!