

FORGATÓS (Marosszéki)

side:A
band :6

Step 1. KÉT LÉPÉSES (Two step) ♫

- w/ R ft step to R, bend knees and w/ L ft step next to R, straighten knees ♫+ repeat step-close ♫
- w/L ft step to L, bend knees and w/R ft step next to L, straighten knees ♫+ repeat step-close ♫

Step 2. BEUGRÓ (Jump-in) ♫

- jump to R w/R ft, bend knee, while swing L lower leg to R, crossing R ft in back ♫+ hold in this pos. ♫+ step to L w/L ft and close R ft next to it ♫
- jump to L w/L ft, bend knee, while swing R lower leg to L, crossing L ft in back ♫+ hold in this pos. ♫+ step to R w/R ft and close L next to it ♫

Step 3. FORGATÓS (Turning step) ♫

- w/L ft step to L in front of man, turning to L ♫+ step w/R ft to complete turn, arriving on man's L side ♫+ step on L ft to L, bend knee ♫+ straighten knee ♫
- w/R ft step to R in front of man, turning to R ♫+ w/L ft step to complete turn, arriving on man's R side ♫+ step to R w/R ft, bend knee ♫+ straighten knee ♫

Step 4. FORDULÓS (Turning around) ♫ or ♫

- Woman - starting w/R ft, turn in place (R- L, etc) to L ♫
- Man - walk around woman starting w/R ft, step to R ♫

Step 5. KERESZTEZŐ (Crossing) - Man ♫

w/R ft step to R, facing front ♫+ w/L ft step to L, turn back ♫+ step w/R ft and face front again ♫+ step w/L ft next to R ♫

MOTIFS

I. KÉT LÉPÉSES

pos: in couples, woman on man's R side, her L hand on his back (above waist), his R hand on her back, from above, other hands holding, palms down and extended fwd (see fig.1.)

Man: S1a+b

Woman: S1b+a

II. BEUGRÓ

pos: same as in Motif I.

Man: S2a+(S1a+b)+ S2a

Woman: S2b+(S1b+a)+ S2b

III. FORGATÓS

III/A. Man: S1a+b Woman: S3a+b

pos: same as before, symmetrical when woman in on man's L side

Man: 2x(S1a+b) Woman: 2x(S3a+b) at end let hand holding go, face slightly away from ea. other see fig.2.



fig.1



fig.2

IV. FORDULÓS IV/A. Man: 3xS4b Woman: 6xS4a
pos: man: free arms woman: lower arms upwds
see fig.3.
Man: 8x(S4b) Woman: 8x(S4a)

V. KERESZTEZŐ

starting pos. same as before

Man: (S1a+b) + S5 Woman: 2x (S3a+b) second time alone, arms free

SEQUENCE OF DANCE

A1. (meas.2 /4)	C1	
1-8 4x MOTIF I.(Két lépéses)	1-12	3xMOTIF I.
9-16 MOTIF II (Beugró)		(Két lépéses)
B1	13-24	MOTIF V.
1-8 MOTIF III (Forgatós)		(Keresztező)
9-16 MOTIF IV (Fordulós)	refr.	
B2	B-24	MOTIF V.
1-8 MOTIF III.	C2	
9-16 MOTIF IV.	1-24	Repeat Motifs
A2	refr.	I, V & V
1-8 4x MOTIF I.	B-24	
9-16 MOTIF II.	C3	
B3	1-24	Repeat Motifs
1-8 MOTIF III.	refr	I, V & V.
9-16 MOTIF IV	13-24	
B4	D1.	
1-8 MOTIF III.	1-12	3x MOTIF I.
9-16 MOTIF IV.	13-18	MOTIF III/A
	19-24	MOTIF IV/A
	D2	
	1-12	3x MOTIF I.
	13-18	MOTIF III/A
	19-24	MOTIF IV/A

KALMAN JUDITH
MAGYAR
LP-41

RITKA LEGÉNYES (Slow Lad's Dance)

side:B
band:1

Formation: solo or in circle, arms free

Step 1. CSAVARÓ HALADÓ (Moving step) ♫

Start from a straddle pos., wt on both ft, upper body leaning slightly fwd

Raising on R toe, turning to R, lift L ft to R ankle ♫+ w/L toe touch ground, knee turned in ♫+ turning L knee out, touch ground w/L heel ♫+ jump into straddle pos. (body still facing R) ♫+ turning to L w/body, raise onto L toe and lift R ft to L ankle ♫+ w/R toe turned in, touch ground ♫+ turning R knee out, touch ground w/R heel ♫+ jump into straddle pos., body face L ♫

Step 2. LEZÁRÓ CSAPO (Slap w/closing) ♫

Jump on L ft, raise and slap R inner boot w/ R hand ♫+ jump on R ft and raise L leg in front, slap inner L boot w/L hand ♫+ stamp on L ft ♫+ raise R leg in front and slap R inner boot w/R hand ♫+ step on R ft, raise L leg in front and slap inner L boot w/L hand ♫+ step on L ft ♫+ clap hands in front of body ♫+ slap R inner boot w/R hand and immediately swing R leg to R ♫+ close R ft to L ft ♫

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