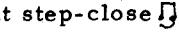
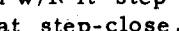


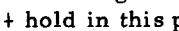
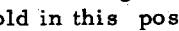
**FORGATÓS**  
( Marosszéki )

side:A  
band:6

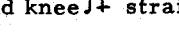
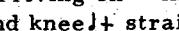
Step 1. KÉT LÉPÉSES (Two step) 

- a.) w/ R ft step to R, bend knees and w/ L ft step next to R, straighten knees  + repeat step-close   
b.) w/ L ft step to L, bend knees and w/ R ft step next to L, straighten knees  + repeat step-close 

Step 2. BEUGRÓ (Jump-in) 

- a.) jump to R w/R ft, bend knee, while swing L lower leg to R, crossing R ft in back  + hold in this pos.  step to L w/L ft and close R ft next to it   
b.) jump to L w/L ft, bend knee, while swing R lower to L, crossing L ft in back  + hold in this pos.  step to R w/R ft and close L next to it 

Step 3. FORGATÓS (Turning step) 

- a.) w/L ft step to L in front of man, turning to L  + step w/R ft to complete turn, arriving on man's L side  + step on L ft to L, bend knee  + straighten knee   
b.) w/R ft step to R in front of man, turning to R  + w/L ft step to complete turn, arriving on man's R side  + step to R w/R ft, bend knee  + straighten knee 

Step 4. FORDULÓS ( Turning around)  or 

- a.) Woman - starting w/R ft, turn in place (R- L, etc) to L   
b.) Man - walk around woman starting w/R ft, step to R 

Step 5. KERESZTEZÓ (Crossing) - Man   
w/R ft step to R, facing front  w/L ft step to L, turn back  step w/R ft and face front again  + step w/L ft next to R 

MOTIFS

I. KÉT LÉPÉSES



fig. 1

pos: in couples, woman on man's R side, her L hand on his back (above waist), his R hand on her back, from above, other hands holding, palms down and extended fwd (see fig. 1.)  
Man: Sla+b  
Woman: S1b+a

II. BEUGRÓ

pos: same as in Motif I.  
Man: S2a+(Sla+b)+S2a  
Woman: S2b+(S1b+a)+S2b

III. FORGATÓS III/A. Man:Sla+b  
Woman:S3a+b  
pos: same as before, symmetrical when woman in on man's L side

Man: 2x(Sla+b)  
Woman: 2x(S3a+b) at end let hand holding go, face slightly away from ea. other see fig. 2.

IV. FORDULÓS IV/A. Man:3xS4b  
Woman:6xS4a  
pos: man:free arms  
woman:lower arms upwds  
see fig. 3.

Man: 8x(S4b)

Woman: 8x(S4a)



fig. 3

V. KERESZTEZÓ  
starting pos. same as before  
Man:(Sla+b)+S5  
Woman: 2x (S3a+b) second time  
alone, arms free

\*\*\*\*\*

SEQUENCE OF DANCE

|                              |       |                             |
|------------------------------|-------|-----------------------------|
| A1. (meas. 2 / 4)            | C1    |                             |
| 1-8 4x MOTIF I.(Két lépéses) | 1-12  | 3xMOTIF I.<br>(Két lépéses) |
| 9-16 MOTIF II (Beugró)       | 13-24 | MOTIF V.<br>(Keresztezó)    |
| B1                           |       |                             |
| 1-8 MOTIF III (Forgatós)     | refr. |                             |
| 9-16 MOTIF IV (Fordulós)     | B-24  | MOTIF V.                    |
| B2                           |       |                             |
| 1-8 MOTIFIHI.                | C2    |                             |
| 9-16 MOTIF IV.               | 1-24  | Repeat Motifs<br>I, V & V   |
| A2                           |       |                             |
| 1-8 4x MOTIF I.              | B-24  |                             |
| 9-16 MOTIF II.               | C3    |                             |
| B3                           |       |                             |
| 1-8 MOTIF III.               | 1-24  | Repeat Motifs<br>I, V & V.  |
| 9-16 MOTIF IV                | 13-24 |                             |
| B4                           |       |                             |
| 1-8 MOTIF III.               | D1.   |                             |
| 9-16 MOTIF IV.               | 1-12  | 3x MOTIF I.                 |
|                              | 13-18 | MOTIF III/A                 |
|                              | 19-24 | MOTIF IV/A                  |
| D2                           |       |                             |
|                              | 1-12  | 3x MOTIF I.                 |
|                              | 13-18 | MOTIF III/A                 |
|                              | 19-24 | MOTIF IV/A                  |

KALMAN JUDITH  
MAGYAR

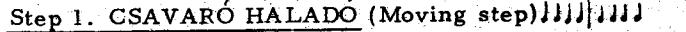
LÉZI

RITKA LEGÉNYES

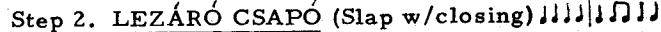
(Slow Lad's Dance)

side:B  
band:1

Formation: solo or in circle, arms free

Step 1. CSAVARÓ HALADÓ (Moving step)   
Start from a straddle pos., wt on both ft, upper body leaning slightly fwd

Raising on R toe, turning to R, lift L ft to R ankle  w/L toe touch ground, knee turned in  turning L knee out, touch ground w/L heel  jump into straddle pos. (body still facing R)  turning to L w/body, raise onto L toe and lift R ft to L ankle  w/R toe turned in, touch ground  turning R knee out, touch ground w/R heel  jump into straddle pos., body face L 

Step 2. LEZÁRÓ CSAPÓ (Slap w/closing) 

Jump on L ft, raise and slap R inner boot w/ R hand  jump on R ft and raise L leg in front, slap inner L boot w/L hand  stamp on L ft  raise R leg in front and slap R inner boot w/R hand  step on R ft, raise L leg in front and slap inner L boot w/L hand  step on L ft  clap hands in front of body  slap R inner boot w/R hand and immediately swing R leg to R  close R ft to L ft

cont'd. on p. 4