

FOUKA VÍTR VOD HOR (BOHEMIAN WALTZ MIXER)  
(Bohemia)

This dance has Austrian ländler figures since it comes from Bohemia which for 200 years was part of the old Austro-Hungarian Empire.

Record: LP Pantan 010221, "Czech Polk Songs", Side 2 Band 2.  
The music for the dance is a song "Fouka Vitr Vod Hor"  
Morry Gelman teaches the dance with a change of partners and calls it Bohemian Waltz Mixer.

Meter: 3/4 meter.

Steps: Travelling waltz: 3 short flat-footed walking steps per meas. Accent ct 1 of each meas with slight knee b.

Formation: Fig. I. Cpls in circle, facing LOD, inside hands join.  
Fig. III. M and W in shoulder-shoulder blade position  
(W hands on M shldr, M hold W at shldr blades) R hips adjacent.

PATTERN

Meas

1-16

INTRODUCTION

Same as Figure III (or simply wait).

1-2

FIGURE I. Open Waltz (outside hands on hips).

Beg on outside ft, step diagonally fwd in LOD turning slight away from ptr as hands swing fwd, using travelling waltz step.

4

Facing ptr stamp twice (M R,L and W L,R) with knees slightly bent (cts 1,2); hold (ct 3).

5-8

Repeat action of meas 1-4.

3- STEP FWD W/ OUTSIDE FT  
(CT 1) HOLD (CTS 2, 3)

FIGURE II. Women Turn

1-8

Move fwd in LOD, W turn CW under joined hands once per meas (3 steps per meas) beg R. M dance 1 step per meas beg L.

17-32 Repeat action of Fig I and Fig II.

FIGURE III. Couple Rotates

1-3

In shldr/shldr blade pos, R hips adjacent, beg R, turn CW w 3 travelling waltz steps.

4

M stamp L,R,L; W stamp R,L,R while continuing CW turn.

5-7

Repeat action of meas 1-3 (Fig III).

8

Face ptr, M stamp L,R; W stamp R,L (ct 1,2); hold (ct 3).

9-16

Repeat action of meas 1-8 (Fig III) with opp ftwk, turning C (L hips adjacent).

OR

As a Changing Partner Dance

9-16

W turn alone CCW in place with 3 waltz steps, hands on hips; M move LOD to new ptr dancing one step per meas, clapping rhythmically and standing by new ptr until end of the phrase

REPEAT DANCE FROM BEGINNING

Introduced by František Bonu  
at Stockton Folk Dance C

Presented by Morry Gelman  
at the Thirtieth Annual  
Northwest Folk Dance Fe:  
Enumclaw, WA, Aug. 23-24