

POLHARROW BURN

Bars 32/Reel for 5 coupes

- 1-8 1st and 3rd couples cross giving right hands and cast off one place, 2nd and 4th couples stepping up; 1st and 3rd couples ½ figure of eight around the couple above them.
- 9-16 1st and 3rd couples turn partners right and left hands round to finish facing 1st corners while the 2nd and 5th couples cross giving right hands to their partners and chase clockwise to the opposite ends.
- 17-24 1st and 3rd couples ½ reel of four with the first corners, then ½ reel of fours with the 2nd corners.
- 25-32 1st and 3rd couples ½ reel of four with the 1st corners, then turn left hands round with partners and cast off one place on own sides, 4th and 5th couples stepping up.

Recording: *Original tune on Ian Muir and the Craigellachie Band*

PROGRESSIVE GAY GORDONS

Sequence

Couples facing counter-clockwise around the room with hands in Varsouvienne hold.

- 1-2 4 walking steps forward, pivoting on last step to face against LOD (stay on own side of dance.)
- 3-4 4 steps backward.
- 5-6 4 steps forward, pivoting on last step to face LOD;
- 7-8 4 steps backward, finishing with nearer hands joined.
- 9-12 Soft pas de basque together, away; cross, woman in front of man with 4 steps to finish in each other's places.
- 13-16 Soft pas de basque together, away; forming an arch with inside hands, woman walks under the arch and back to the next man ending on his right facing LOD, while man walks forward to meet the next woman facing LOD.