GANKINO HORO

This is a North Bulgarian version of the popular Gankino Horo in 11/16 meter. As learned by Steve Kotansky from Georgi Kinski in 1984.

Pronunciation: GAHN - kee - noh

Récord: Any good Gankino Horo or Kopanica

Position: Open circle with "W" hand position

Music: 11/16

Dancer s counts: 1 2 3 4 5

Q. Q S Q Q

Meas Basic

- Facing slightly R of center, step R ft fwd (ct 1).

 Step L ft fwd (ct. 2). Step R ft fwd (ct. 3).

 Hop or "cukce" (raise & lover heel) on R ft (ct 4).

 Step L ft fwd (ct. 5).
- Turning to face center, step R ft to R and begin to lower hands (ct 1). Step L ft across and behind R ft. arms continue downward (ct 2). Step R ft to R, arms extended down pos. (ct. 3). Close L ft to R and bounce two times. arms are brought back to "W" pos (ct. 4.5).
- Reverse Ituk & direction of meas. 2. Armwk is same.

Side to Side

- Facing ctr. step R ft to R (ct l). Step L ft behind R ft (ct 2). Step R ft to R and lift L knee fwd & up with accent (ct 3). Step L ft to L (ct 4). Step R ft beside L ft (ct. 5).
- 2 Reverse ftwk & direction of meas 1.

Repeat basic Without arm movement [Kotansky always moved arms.]

MENDOCINO FOLKLORE 1991

GARRING HOFE (CONE.) - Kotansky

Meas		Forward & Back
1	×	Facing ctr. step R [t [wd (ct 1). Step L [t [wd (ct 2).
		Strike R ft against L heel (ct 3). Hold (cts 4.5).
2		Step-run R ft fwd (ct 1). Step-run L ft fwd (ct 2).
		"do-DAD" step K ft. then immediately step L ft beside
		R ft (cts 3 & and).
		Step K ft fwd (ct 4). Step L ft beside K ft (ct 5).
3		Step R ft back (ct 1). Step L ft back (ct 2).
		Step R ft back (ct 3). Hop on R ft and lift L knee
		up & forward (ct 4). Step L ft back (ct 5).
4		Repeat action of meas 3

Presented by Stephen Kotansky

Dance Sequence

Presented by Stephen Kotansky at Mendocino Folklore Camp 1991