LECH LAMIDBAR Come to the Desert - Israel

IMF 118 (78 RPM) OR IMF 45-2002 (45 RPM)

Circle, no partner necessary. Hands joined, down. 4 measures introduction 4/4.

I. Moving to R: Leap side R, step L XIF, step side R, close L (no weight).
Moving to L: Side L, close R, side L, close R (no weight). DO Part I four times.

II. Step R, swing L in front; step L, swing R in front. Grapevine to L: step R XIF, side L, step R XIB, side L. DO Part II. four times.

III. Lean to R (count 1), bend knees (ct 2), lean to L (ct 3), bend (ct 4). Rock fwd on R (ct 1), back on L (2), close feet together (3,4). DO Part III twice.

IV. Moving L - Grapevine: cross R, side, R XIB, side, R XIF, side, jump onto both feet, hop on R turning to face to R. REPEAT moving to R, beginning L. REPEAT all of Part IV, moving again to L, then to R.

LES GARS DE LOCHMINÉ - Brittany, France
Unidisc EX-45-280-ADA (45 RPM EP)
Circle, no partner necessary. Hands joined, down. 8 measures introduction. 4/4

I. Schottische 8 times moving to R, L, R, etc., in circle. OR use this step: R, L, jump on both feet, hop R swinging LF in front. Repeat to L, R, etc. Hands swing forward and back. (fwd on ct 1, back 2, fwd 3, back 4, etc.)

II. Hops: Point R forward, hop 15 times on L, hands up, "W" Position. On ct 16 bring hands down sharply and step on R foot.

Point L forward, hopping 15 times on R foot (hands up again), step L (ct 16),

bringing hands down sharply.

MAKEDONKA - Yugoslavia

Balkan 547 (45 RPM) OR Festival F4812 (45 RPM) Open circle, no partner necessary. Hands joined, down. Use first 4 meas for intro.

I. SR to side, qL XIB, qR to side; SL XIF, qR to side, qL XIF.

II. SR forward, qL rocking forward, qR rocking back; SL back, qR to side, close qL to R.

MACHAR Tommorow - Israel

Hed Arzi MN 529 (33 RPM EP with Hashual) Trios, WMW or MWM, in a circle all facing LOD. Hands joined in trio line.

I. Forward 4 running steps R, L, R, L; large crossing step XIF with R, hop R, cross XIF with L, hop L. DO Part I four times total.

II. Middle person face R end person. Ends face center. Lean to R (ct 1), clap hands to R (ct 2); lean to L, clap hands to L. Turn R elbow 4 steps with R-hand person; turn L elbow 8 steps with L person. End facing L person. REPEAT lean, clap, lean, clap; elbow turn L person (4); turn R person (8). Join hands in line to begin dance again.

OR REPEAT lean, clap, lean, clap, elbow turn L person (4), turn R person (4); run forward (4) and join new group of two to begin again.

For pronunciation of dance names, remember the Folk Dance Dictionary, published by the Folk Dance Federation of California, Inc.

