GREIŽ (Lithuania)

SOURCE:	Less known among Lithuanians is Greiz, which entered Lithuania
	along the Latvian border. This dance is derived from the
	Kreuz (Cross) polka of the Germans, who during the Teutonic
	influx into Latvia brought it with them; from Latvia it came
	to Lithuania to become the Greiz, which is meaningless in
	Lithuanian. The Lithuanianized name Greicius means, "The
	Speedy One", the effect one gets from spinning.

MUSIC: RECORD: FOLKRAFT LP-35 (File B, Boul 7) - 1:34

FORMATION: Cpls in a double circle facing in a fwd CCW direction W to M's R, inside H joined.

MUSIC:	2/4	PATTERN
Meas.		
1-2		Beginning with outside ft (M L, W R), walk fwd 3 steps. On second ct of meas 2 turn about in place twd ptr to face in a CW direction, placing heel of outise ft (MR, WLO fwd on floor, join other hands (M L, W R).
3-4		With outside ft (M R, W L), walk in a CW direction 3 steps and turn about in place twd ptr to face CCW direction, placing heel (M L, W R) fwd on floor.
5-6		With 4 steps turn away from ptr, W turning in place, M turning fwd to next W .
7-8		Taking new W in dance pos, turn with her in place with 4 steps. Repeat dance.

Presented by Vyts Beliajus Idyllwild Workshop Mix Master 1977