Hey Vala

Armenian

Choreographed & taught by Tom Bozigian in Los Angeles, Calif. to SOURCE: the various Armenian youth organizations. The music is an old folk song sung by Armenians throughout the diaspora. "Songs & Dances of the Armenian People"; Side 1, Band 2. RECORD: Line dance with leader at R end and dancers holding little fingers FORMATION: at shoulder height. PATTERN LOC ENTATA alladus 2/4 Note: Dance can start at beg of any meas. Measure Fig I - Facing diag & moving LOD, step R to R (ct 1); step L 1 across R (ct 2). Step R to R to face ctr (ct 3); touch L toe (heel turned in) 2 beside R (ct 4). Step L slightly L (ct 5); touch R toe (heel turned in) beside L 3. (ct 6). Note: Steps are bouncie & sharp causing arms to move slightly from elbow to side of each stepping foot. Do Fig I 3 times whenever done. Fig II - Facing ctr touch R heel in front hopping slightly on 1 L (ct 1); leap on R where heel touched as L lifts behind (ct 2). Starting L, do 2-step (bouncie) moving ctr (cts 3,4). 2 Step frwd on R with plie as upper body & arms bend bk (ct 5); 3 straightening body, step bk on L as arms begin to lower from elbow (ct 6). Leap to both ft in pl (R bk) in plie as arms are lowered to side & beyond (ct 7); hop bk on L as R kicks frwd along fl and arms raise to orig shoulder height pos (ct 8); repeat ct 8 with opp ftwrk (ct and). Moving R step L over R with plie as arms bend from elbow to L 5 (ct 9); returning from plie step R to R as L toe pivots out and arms bend to R (ct 10). Repeat meas 5 2 more times (cts 11-14). 6-7

Note: On meas 8 & 9, upper body bent slightly frwd.

Touch R heel ahead of L and again clap (ct 17); hold (ct 18).

(ct 15); step L beside R (ct 16).

8

9

Facing LOD, touch L heel ahead of R as hands clap at chest level

continued ...

Hey Vala (cont. - pg. 2) #1 Keeughen yega kaghak yes Lestsoon aghcheek desa yes Amenooeen al Aeederu Garmeeru Khuntsor gu gardes Sung after each verse: Garmeeru (Anoosh) khuntsor gu dzakhem Aghcheekneru gu khapem 1 1 Anonts duvadz tramov Keenee garnem gu khumem 1 Hey Vala.....(chorus) #2 Megu aghvor sheereen e Megoon achku gananch e Anonts mechen tegheenu Achku eenzee dungadz e #3 Megu garj pesh hakadz e Yergrort tun al dapad e Aees eench anoosh portsankner 2

Notes and Armenian transliteration by: Tom Bozigian

HEY VALA

Meas. 4: Change ct. 8 to read- hop back on L as R kicks forward along the floor with heel touching the floor and arms raise to the original shoulder height pos.

Vaheen Klookhoon yegadz e

Change(ct. and) to read:repeat ct. 8 with opp, footwork but the heel doesn't touch the floor

Meas. 5: Add to beginning of dance-(moving R-LOD); ct. 10 should read-returning from plie step R to R as L toe pivots out, heel still on floor, and arms bend to R

Meas.8:add after the word clap- torso bends slightly forward Meas. 9: add after the word clap-torso bends slightly forward