HEY VALA

Armenian

SOURCE

Choreographed & taught by Tom Bozigian in Los Angeles, Calif. to the various Armenian youth organizations. The music is an old folk song sung by Armenians throughout the diaspora.

CD:

Best of Tom Bozigian Songs & Dances of the Armenian People Vol. 1

Formation: Line dance with leader at R end and dancers holding little fingers at shoulder height.

Meter:

2/4

	onts di sadir trapov		
	PATTERN mamural up mamura sons		
Measure	Figure I Note: Dance can start at beg of any meas.		
1	Facing diag & moving LOD, step R to R (ct 1); step across R (ct 2)		
2	Step R to R to face ctr (ct 3); touch L toe (heel turned in) beside R (ct 4).		
3	Step L slightly L (ct 5); touch R toe (heel turned in) beside L (ct 6). Note: Steps are bouncy & sharp causing arms to move slightly from elbow to side of each stepping foot. Do Fig I 3 times whenever done.		
1	Figure II Facing ctr touch R heel in front hopping slightly on L (ct 1); leap on R where heel touched as L lifts behind (ct 2).		
2	Starting L, do 2-step moving ctr (cts 3, 4).		
3	Step frwd on R with plie as upper body & arms bend bk (ct 5); straightening body, step bk on as arms begin to lower from elbow (ct 6).		
4	Leap to both ft in pl (R bk) in plie as arms are lowered to side & beyond (ct 7); hop bk on L as R heel kicks frwd touching fl and arms raise to orig shoulder height pos (ct 8); repeat ct 8 with opp ftwrk but kicking L above fl (ct and).		
5	Moving R step L over R with plie as arms bend from elbow to L (ct 9); returning from plie step R to R as L toe pivots out and arms bend to R (ct 10).		
6-7	Repeat meas 5 2 more times (cts 11-14).		
8	Facing LOD, touch L heel ahead of R as hands clap at chest level (ct 15); step L beside R (ct 16)		
9	Touch R heel ahead of L and again clap (ct 17); hold (ct 18) Note: On meas 8 & 9, upper body bent slightly frwd.		

Transliteration - Hey Vala

#1		
Keeughen yega kaghak yes		
Lestsoon aghcheek desa yes	2	
Amenooeen al Aeederu		
3 3	gian in Los Angeles, Calif. 9. the entens throughout the cleapon	
Sung after each verse:		
	& Dances of the American Pa	
Garmeeru (Anoosh) khuntsor gu dzakhem Aghcheekneru gu khapem	end another holological fitting and the bridge of the brid	
Agricileen ieru gu niapem		
Anonts duvadz tramov	_1	
Keenee garnem gu khumem	1 UNSTTAG	
Hey Vala (chorus)		
#2		
Megu aghvor sheereen e		
Megoon achku gananch e	2	
Anonts mechen tegheenu		
Achku eenzee dungadz e	2 (ni peniul lead) set 9 r	
of each stepping foot.		
#3		
Megu garj pesh hakadz e		
Yergrort tun al dapad e	2	
), lean on R where neel touched as L.		
Aees eench anoosh portsankner		
Vaheen Klockhoon yegadz e	2	