Hineh Ma Tov - Israel

Choreographed by Rivka Sturman in 1950

Circle dance, V-Position. Meter 2/4.

Measure	Count	Step
Chorus		
1	1-2	Facing LOD, step forward onto R foot (1), step forward onto L foot (2).
2		Repeat measure 1.
3	1-2	Step forward on R foot (1), step forward on L foot (&), step forward on R foot (2), step forward on L foot (&).
4		Repeat measure 3
5-8		Repeat measures 1-4.
Verse 1		
1	1-2	Facing center, step slightly to the R on R foot (1), step back on L foot (2), close R foot to L foot (&).
2	1-2	Step forward on L foot (1), touch R foot next to L foot (2).
3	1-2	Step on R foot to R (1), step slightly back on L foot (&), step on R slightly across L foot (2), hold (&).
4		Repeat measure 3 with opposite footwork and starting to L.
5-8		Repeat measures 1-4.
Verse 2		
1	1-2	Facing center, step forward on R foot (1), step forward on L foot (&), step forward on R foot (2), step forward on L foot (&).
2		Repeat measure 1.
3	1-2	Step on R foot to R (1), step slightly back on L foot (&), step on R slightly across L foot (2), hold (&).
4		Repeat measure 3 with opposite footwork and starting to L.
5-6		Repeat measures 1-2 going backwards out of circle.
7-8		Repeat measures 3-4.

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The sequence of the dance is Chorus, Verse 1, Chorus, Verse 2. This sequence repeats until the music ends.

* vrics

Hineh ma tov uma na'im Shevet achim gam yachad

Behold, how good and pleasant it is for brothers (and sisters) to sit together

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Bob Shapiro (785) 286-0761 rshapiro 1 1@cox.net Copyright © 2002, Robert B. Shapiro Revised January 31, 2003 URL: http://www.recfd.com/