

'The Limping Dance' - Switzerland

MUSIC: Record: Amadeo SVRS EP 17ii2, Side A, Band 1.
 Tune: Da gaht i d' Bei.

FORMATION: Trios, M between 2 W, facing CCW. M takes outside hands of W; W outside hands on hip, inner hand on M's nearest sh.

STEPS: Limping step L: step fwd L, hop on L, step fwd R.
 long short long

Cross step L: step L sdwd to L, touch R before L.

Bourrestep L: cross L before R & do a hop on L. Step hop R behind L. 1 polka step sdwd L. (Before heel/toe steps & polka steps do a little hop).

PATTERN

Meas	
	FIGURE I: (The Limping One)
1-2	Heel/toe while hopping on R, & 1 polka step L fwd in LOD.
3-4	Heel/toe while hopping on L, & 1 polka step R fwd in LOD.
5-8	4 limping steps fwd in LOD, start L.
9-16	Repeat Meas 1-8. Join hands in circle of three.
17-20	Heel/toe & 1 polka step L CW in circle. Heel/toe & 1 polka step R CW.
21-24	4 limping steps CW, arms swing fwd & bkwd.
25-32	Repeat Meas 21-24, open circle, all face LOD.
	FIGURE II: Formation as in FIG. I.
1-4	Repeat FIG. I, Meas 1-4.
5-8	6 walking steps fwd, start L. Jump on both feet, hop on R ft.
9-16	Repeat FIG. II, Meas 1-8.
17-20	Join hands in circle of three. Repeat FIG. I, Meas 17-20.
21-24	Circle CW with 6 steps, start L (side-behind-side-in front-side-behind), arms down. Jump on both ft, hop on R.
25-32	Repeat FIG. II, Meas 17-24, open circle, all face LOD.

Continued...

FIGURE III:

- 1-4 M's hands on hips, W's hands on skirt. All turn CCW with 4 steps, start L. Ending inside W facing out, outside W face M. M face outside W. 2 cross steps, start L.
- 5-8 Repeat FIG. III, Meas 1-4. M 1 1/2 turn CCW to face inside W. Last step, instead of cross step R, do 3 stamps R,L,R.
- 9-16 R hand star (R hand on wrist of person in front). Repeat FIG. I, Meas 17-24.
- 17-32 Hands on neighbors shos in circle of three. 4 Bourresteps, start L, lean in the direction you start 1st step.
- 1-32 Repeat FIG. III, Meas 1-32.

FIGURE IV:

Formation as FIG. I.

- 1-8 Repeat FIG. I, Meas 1-8.
- 9-16 Repeat FIG. I, Meas 17-24.

FIGURE V:

- 17-24 Repeat FIG. II, Meas 1-8.
- 25-32 Repeat FIG. II, Meas 17-24.

FIGURE VI:

Formation as FIG. I.

- 1-16 4 Bourresteps in line, start L. On last step, all turn to face ctr, all join hands in a big circle.

FIGURE VII:

- 1-8 Heel/toe & 1 polka step L & R CW. 4 limping steps CW, swinging arms fwd & bkwd.
- 9-16 Heel/toe & 1 polka step L & R CW. 6 steps CW (side-behind, etc). Clap twice. End in large circle.