Melodies such as that of Di mezinke recorded here by NAMA are referred to as freylekhs ("joyful" or "merry") by Jews of Eastern European origin, and are associated with a kind of spontaneous dancing that was an integral part of old-time celebrations, especially weddings. The forms of these dances were loosely defined and varied considerably; sometimes dancing was an expression of devout religious experience, as was often the case in the Hassidic communities. People from many backgrounds remember a kind of dance in which everyone joined hands in a long chain that meandered around the room, formed into a circle, moved forward and back, wound up into a spiral and unwound, etc., with simple walking or shuffling steps. This form did not have a specific name, although some people called it by the Byelorussian-Yiddish name karahod ("circle dance").

Hora (HOR-ah) is a Romanian word referring to traditional Romanian dances done in circle formation. When Jews from Romania and Bessarabia settled in Palestine as far back as the 1880's, they carried the hora with them. It took root, flourished, and by the time the state of Israel was established in 1948, the hora had virtually become its "national" dance. Many Jews in America have also adopted the hora, and it can be seen today at weddings and other celebrations, done to freylekhs and many other tunes.

Meter: 2/4

Formation: Closed circle, M and W, arms on neighbors' shldrs.

MEAS PATTERN

Dance may begin with any meas of the music.

- 1 Facing ctr, step Rft sdwd R (1); step Lft behind Rft (2).
- Still facing ctr, step Rft sdwd R (1); hop on Rft in place, swinging Lft fwd or across in front of R leg (2).
- 3 Still facing ctr, step Lft sdwd L (1); hop on Lft in place, swinging Rft fwd or across in front of L leg (2).

Note: Sometimes the above pattern is done to the L rather than to the R (depending on the initiative of the first people who begin to dance) with opposite footwork from that described.