Hora and Variations

FORMATION: Single circle facing center, no partners.

STARTING POSITION: Arms extended sideward, hands on neighbors' shoulders. Left foot free.

MUSIC

TSCHERKESSIA STEP

A Move right, left foot stepping over right, 14 counts, ending with Jump Jump on counts 15 and 16, to reverse stepping with right foot over left foot, 14 counts, ending with Jump Jump on two feet.

DOUBLE HORA

B Step sideward right on right foot, cross and step on left foot in back of right. Step sideward right on right foot, hop on right foot and swing left across in front of right. (Step-Step-Step-Swing.)

Repeat pattern to the left, starting with left foot.

SCISSORS

C Hop on right foot and place left heel forward, jump onto left foot and place right heel forward. Repeat in double time, making four quick changes, alternating heel left, right, left, right.

Repeat pattern, beginning with left heel forward and alternating. On last count, jump in place on both feet and assume starting position with arms extended sideward, hands on neighbor's shoulders, ready to repeat entire dance.