## Hora Isalnita

(Muntenia, Romania)

Pronunciation:	
Cassette:	Romanian Dances by N. Hilferink-Stockton 1998 2/4 meter
Formation:	Circle of dancers, arms in hora hold (W-pos).
Meas	<u>Pattern</u>
16 meas	INTRODUCTION. No action.
	PART A
1	Facing and travelling CCW in LOD, step on R, arms swinging down (ct 1); step on L, arms swinging up (ct 2).
2	Facing ctr, step on R to R (ct 1); step on L across R (ct &); step on R in place (ct 2).
3	Step on L to L (ct 1); step on R next to L (ct &); step on L to L (ct 2).
4	Stamp R beside L, no wt (ct 1); repeat ct 1 (ct 2).
5-16	Repeat meas 1-4 three more times.
	PARTB
1	Facing ctr and travelling slightly sdwd R, hop on L (ct 1); step on R to R (ct &); step on L beside R (ct 2).
2	Stamp R beside L, no wt (ct 1); repeat ct 1 (ct 2).
3	Repeat meas 1.
4	Stamp R, no wt (ct 1); stamp and step onto R (ct 2).
5-8	Repeat meas 1-4 with opp ftwk.
9-16	Repeat meas 1-8.
	PART C
1	Facing ctr, step on R (ct 1); step on L across R (ct &); step on R in place (ct 2); hop on R (ct &).
2	Repeat meas 1 with opp ftwk.
3-4	Repeat meas 1-2.
5	Step on R (ct 1); step on L across in front of R (ct &); step on R in place (ct 2); jump onto L bringing R across L (ct &).
6	Travelling twd ctr of circle, step fwd on R (ct 1); step on L next to R (ct &); step fwd on R (ct 2).
7	Travelling twd ctr and turning to face CCW, step fwd on L (ct 1); turning to face CW, step fwd on R (ct 2).
8	Backing out of circle and turning to face ctr, step on L (ct 1); step on R (ct &); step on L (ct 2).
9-16	Repeat meas 1-8.

Presented by Nicolaas Hilferink