

Hora de miere (Mendeno Kolo)

Serbia/Romania

This dance comes from an area of Romania that has both Serbian and Romanians and has influences of both peoples. The Serbians in the area call the dance "Mendeno Kolo."

This dance was taught by Nicolaas Hilferink at various clubs in southern California during January 1996 and at Stockton Folk Dance Camp 1998.

TRANSLATION: "Mendeno kolo" means "honey kolo"

PRONUNCIATION: HOH-rah deh mee-EH-reh (MEH-deh-noh KOH-loh)

MUSIC: Romanian Dances by N. Hilferink, Stockton 98, side B/5

FORMATION: Mixed line dance with hands joined in "V" pos or in escort pos (L hand on hip, R grasps neighbors L arm just above elbow.

STYLE: Very bouncy

STEPS: When dancing the pie shape pattern in twd ctr, the piece of pie has a sharp point.

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| METER: 2/4 | PATTERN |
|------------|---------|

Meas.

INTRODUCTION: None, beg with music.

FIG. I:

- 1 Facing ctr, step R to R in plié as L remains in place with partial wt (ct 1); quickly step L behind R or beside R heel (ct 2); step R across L (ct &).

Note (Serbian styling influence): Twizzle option on ct 2: R moves across L by leading with (twisting) heel.

- 2 Repeat meas 1 with opp ftwk.

- 3 Facing slightly R of ctr and moving in LOD - step R fwd on ball of ft (ct 1); step L across R (ct &); step R fwd on ball of ft (ct 2); step L across R (ct &).

Note (Serbian styling influence): Twizzle option: Face ctr and move sdwd R with smaller steps - when L moves across R, lead with heel and do a small twisting motion.

- 4 Repeat meas 1. (R to R, L behind, RxL)

- 5-16 Repeat meas 1-4, alternating ftwk and direction (4 in all).

Note: The Serbian styling (twizzle) is only used occasionally if used at all.

FIG. II: IN & OUT WITH TOUCH

- 1-2 Facing R of ctr - walk R,L,R - move diag R fwd twd ctr (R pie shape in) (cts 1-2, 1); facing ctr - touch L fwd (ct 2).
- 3 Facing ctr - step L,R bkwd (cts 1-2).
- 4 Step L bkwd in plié, R remains fwd of L with wt (ct 1); Step R quickly bkwd beside to L as L move quickly fwd, ft close to floor (ct 2); turning to face R of ctr - step L in front of R, OR L moves quickly fwd then pulls bkwd to step beside R, option done only once or twice during dance - with L toe fwd on floor, squish bug (i.e. with toe on floor, rotate ball of ft) (ct &).
- 5-16 Repeat meas 1-4, 3 more times (4 times in all).

FIG. III: REST STEP

Note: All steps in this fig. are walks

- 1 Facing R of ctr - step R,L fwd in LOD (ct 1-2).
- 2 Turning to face ctr - step R fwd in LOD (ct 1); turning to face L of ctr - pivot on R as L touches beside R, option done only once or twice during dance - with L toe fwd on floor, squish bug (ct 2).
- 3-4 Repeat meas 2, twice more (3 in all) alternating ftwk and direction. (L-tch, R-tch)
- 5-16 Repeat meas 1-4, alternating ftwk and direction (4 times in all).

FIG. IV: GRAPEVINE, IN & OUT MOVEMENT

- 1 Facing R of ctr and moving in LOD - step-hop R fwd as L leg lifts slightly out to side (cts (1-2); step L across R (ct &).
- 2 Turning to face ctr - step-hop R to R as L leg lifts slightly out to side (cts 1-2); step L behind R (ct &).
- 3 Facing ctr - drop onto R to R in plie as L touches in front of L with partial wt (ct 1); hop on R as L beg to circle bkwd (ct 2); step L behind R (ct &).
- 4 Step R to R (ct 1); step L across R (ct 2); step R back to place (ct &).
- 5-6 Facing L of ctr - step L,R,L - move diag L fwd twd ctr (L pie shape in) (cts 1-2, 1); step R-L in place - turn to face ctr (cts 2-&).
- 7-8 Facing ctr and moving straight bkwd out of circle - repeat meas 5-6 with opp ftwk. (RLR bkwd, LR in pl)
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

SEQUENCE: Fig's I-II-III-IV-II, are done a total of 3 times.

Original dance notes by Machi and Nicolaas Hilferink

R&S'd by dd, '96; rev. 11-98 from Stockton errata & video by dd & Gerda Ben-Zeev