IGRE BOSANSKE BOSNIA



This is a mini 3 dance suite: *Treskavac, Papućic*a and *Zavrzlama*.

Western **Bosnia** is a remote and isolated area. It has preserved its authentic dances, songs and customs for generations. At the end of a day working in the fields and during wedding celebrations, the villagers would take part in some light hearted dances, mostly accompanied by the "šargija", a tambura instrument indigenous to this region. In all aspects of this culture, an Eastern influence can be felt.

Željko learned these dances in the 1980's in Lado.

TRANSLATION:	"Bosnian dances"
PRONUNCIATION:	EE-greh BOW-sun-Skeh
MUSIC:	CD "Resonance of Croatia", Band #23 "Croatian Couple Dances", Band #12
FORMATION:	1st & 3rd Dance)Closed circle, alternating M and W, facing ctr.2nd Dance)Pt. 1 - Couples facing LOD; Pt. 2 - facing ctr.
HOLD:	1 st Dance) Joined down in V-position with elbows slightly lifted. Arms
	 are relaxed and move up and down with body movements. 2nd Dance) Pt. 1- Couples joined inside hands in V-position; Outside hands back of the wrist is on hip; Pt. 2 - V-position
	3 rd Dance) Joined down in V-position
STYLE:	1 st & 3 rd Dance) Flat-footed, earthy, heavy steps. Body slightly bent forward
	2 nd Dance) Steps are soft on the ball of the feet
METTER	
	PATTERN
DANCE I.	

<u>DANCE I:</u> Treskavac (TREHS-kah-vahts)

Meas.

Rhythm S, Q, Q

4 meas. Introduction; no action

PART 1

- Step R to R (ct 1); Close L beside R & bounce on both ft (ct 2);
 Bounce again on R as L lifts slightly off floor, under body (ct &).
- 2-8 Repeat maes 1, alternating ftwk and direction, 7 more times (8 in all).

PART 2

- 1 Repeat ftwk of Part 1, meas 1, expect move diag R fwd twd ctr. (R, bounce, bounce).
- 2 Repeat meas 1 with opp ftwk; expect move diag L fwd twd ctr. (L, bounce, bounce).
- 3 Mowing bkwd out of the circle step R bkwd (ct 1); hop twice on R as L circles bkwd. (cts 2-&).
- 4 Step L, R, L in place (cts 1-2-&).
- 5-8 Repeat meas 1-4, once more (2 in all).

*** **Repeat Treskavac (DANCE I)** two more times (3 times total).

DANCE II: Papućica (PAH-POO-chee-tsah)

Meas.

1

Rhythm Q, Q, S

No introduction

PART 1

Moving in LOD – step R, L, R, (cts 1-&-2); hop R (ct &).



Vinkovci, September 1988.

2-8 Repeat meas 1, moving in LOD, but alternating ftwk, 7 more times (8 in all).

PART 2

- 1 Retaining hand hold and facing ctr step R,L, R, hop R M move bkwd out of circle and W move fwd twd ctr (cts 1-&-2-&).
- 2 Stepping LRL-hop, M move fwd twd ctr and W move bkwd out of circle.
- 3 Stepping RLR-hop, M move bkwd, W fwd to reform original circle.
- 4 Releasing hands with neighboring couple stepping LRL-hop M raise joined hands (MR-WL) and turns W CW once.
- 5-8 Rejoin hands and repeat meas 1-4.

*** Repeat Papućica (DANCE II) two more times (3 times total).

DANCE III: Zavrzlama (ZAH-vrr-zlah-mah)

No introduction

PART 1

1

Moving sdwd R - step R to R (ct 1); close R beside L (ct &); Repeat side-close to R again (cts 2-&).

Igre Bosanske, Pg 3of 3

2 Step R to R (ct 1); close R beside L (ct &); small drop on R to R as L lifts slightly off floor under body (ct 2); hold (ct &).

Cue – meas 1-2; 7 steps sdwd R (accent on down).

3-8 Repeat meas 1-2, alternating ftwk and directions, 3 more time (4 in all).

PART 2

Arms; with elbows lifted slightly, arms straighten as hands push twd floor on each step.

- 1 Drop fwd on R (ct 1); hold (ct 2).
- 2 Small leap bkwd on L (ct 1); hold (ct 2).
- 3 Step R, L, R in place (cts 1-&-2).
- 4-12 Repeat meas 1-3; 3 more times (4 in all).



*** Repeat Zavrzlama (DANCE III) two more times (3 times total).

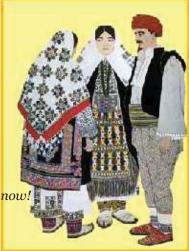




Zavrzlama nije laka, to ne igra cura svaka! Neću, ne mogu, šepava sam u nogu

> Kad bi bila ona laka, igrala bi cura svaka! E hoću, i mogu, i zdrava sam u nogu

Girls come to dance "Zavrzlama "on the field! I won't, I can't – my leg is lame. Zavrzlama is not an easy dance, not all the girls can do this dance! I won't, I can't – my leg is lame If it would be an easy dance, every girl would be able to do this dance! Hey I will, and I can, and my leg is well/healthy now.



Presented by Željko Jergan at the Laguna Folkdancers Festival 2013