Învârtita din Căstău

From Hunedoara county, Romania Presented by Sonia Dion and Cristian Florescu

Învârtita dances (turning dances) are thought to have developed after the Purtata dances (walking dances). The most basic version of Învârtita involves only turning in one direction or the other. Unlike the Purtata family of dances, the Învârtita is found among Romanians beyond Transylvania and is not restricted to Hungarian-ruled areas; it has a universal name covering many regional versions. Învârtita din Căstău is from the family of Învârtita șchioapa, danced in the southern part of Transylvania. Each zone has its own particularity.

This dance is divided in two parts, the first one is made up of the basic steps danced in the primitive traditional way. The second part is the couple form. The characteristic of the music of Învârtita is an asymmetrical rhythm.

Formation: mixed circle Position: facing center, V pos.

Pronunciation: eun-veur-TEE-tah deen KUHS-tuh(oo)

Music: Sonia Dion & Cristian Florescu Romanian Realm Vol. 1, Band 5 Style: knees are soft in a very slight bending and extending motion

Description of Învârtita din Căstău

Meas.	Count	Figure 1: Legănatul (facing center, hands joined in V pos.)
1	1 2	Step on R to the right Step on L close to R
2	1 2	Step on R to the right Step on L close to R without wt
3	1 2	Step on L to the left Step on R close to L
4	1 2	Step on L to the left Step on R close to L without wt
5-24		Repeat meas. 1-4, five more times (6 total)
		Figure 2: Plimbarea (facing line direction LOD, Women: hands on waist, A pos. Men: R hand up in front and over head, L hand in back) (Rhythm: Slow-quick-quick)
1	1& 2 &	Step on R fwd Touch with L ball close to R, lift R heel Drop R heel
2		Repeat meas. 1, with opposite ftwk
3-8		Repeat meas. 1-2, three more times (4 total)
9	1& 2 &	Step on R fwd Touch with L ball close to R Pause

Meas. Count Figure 2: Plimbarea (continued)	10	Meter : 2	2/4 	Description of Învârtita din Căstău (continued)
2 Touch with R ball close to L Pause * 11-12 Repeat meas. 9-10 ** 13-16 Repeat meas. 1-4 Figure 3: \$chioapa (hands joined in V pos.) 1 Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) & Pause 2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legánatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right & Step on R to the right	Touch with R ball close to L Pause * 11-12 Repeat meas. 9-10 ** 13-16 Repeat meas. 1-4 Figure 3: Schioapa (hands joined in V pos.) 1 Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) Pause 2 Step on L close to R Step on R to the right 2 1 Scuff with L heel Step L across in front of R 2 Scuff with R heel Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left Step L across in back of R Step on R to the right Repeat meas. 2 9-16 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing flwk and direction Figure 4: Legānatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right & Step on L close to R & Step on R to the right	Meas.	Count	Figure 2: Plimbarea (continued)
2 Touch with R ball close to L Pause * 11-12 Repeat meas. 9-10 ** 13-16 Repeat meas. 1-4 Figure 3: Schioapa (hands joined in V pos.) 1 Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) & Pause 2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legānatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right & Step on R to the right	Touch with R ball close to L Pause * Repeat meas. 9-10 ** Repeat meas. 1-4 Figure 3: Schioapa (hands joined in V pos.) Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) Pause 2 Step on L close to R Step on R to the right Scuff with L heel Step L across in front of R Scuff with R heel Step on R to the right, facing center Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left Step L across in back of R Step on R to the right Repeat meas. 2 9-16 Repeat meas. 1-8, reversing flwk and direction Figure 4: Legānatul dublu (facing center) Repeat meas. 1-8, reversing flwk and direction Figure 4: Legānatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right Step on L close to R Step on R to the right Step on R to the right Repeat meas. 1-2, opposite flwk and direction	10	1&	Step on L bkwd
Repeat meas. 9-10 ** 11-12 Repeat meas. 1-4 Figure 3: Schioapa (hands joined in V pos.) 1 Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) Repeat meas. 1-2 Step on R to the right Scuff with L heel Step on R to the right, facing center Scuff with R heel Step on R to the right, facing center Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ½ circle in the air to the left Step on R to the right Repeat meas. 2 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 I& Step on R to the right & Step on R to the right & Step on L close to R Step on R to the right & Step on R to the right and bend R hees slightly	Repeat meas. 9-10 ** Repeat meas. 1-4 Figure 3: \$chioapa (hands joined in V pos.) Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) Pause Step on L close to R Step on R to the right Scuff with L heel Step L across in front of R Scuff with R heel Step on R to the right, facing center Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left Step on R to the right Repeat meas. 2 Pelo Repeat meas. 2 Pepeat meas. 1-8, reversing ftwk and direction Figure 4: Legánatul dublu (facing center) Repeat meas. 2 Step on R to the right Step on L close to R Step on R to the right Step on R to the right Step on R to the right Repeat meas. Step on R to the right Step on R to the right Repeat meas. Step on R to the right and bend R knee slightly		2	Touch with R ball close to L
Figure 3: Schioapa (hands joined in V pos.) 1	Figure 3: Schioapa (hands joined in V pos.) 1			Pause *
Figure 3: Schioapa (hands joined in V pos.) 1	Figure 3: Schioapa (hands joined in V pos.) 1	11-12		Repeat meas. 9-10 **
(hands joined in V pos.) 1 Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) & Pause 2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legānatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right & Step on R to the right and bend R knee slightly	(hands joined in V pos.) 1 Step on R to the right turning 1/8 t. to the left (body slightly diag. to the right) & Pause 2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel	13-16		Repeat meas. 1-4
the right) & Pause 2 Step on L close to R & Step on R to the right 2 I Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 I Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R & Step on R to the right & Step on R to the right A Step on R to the right and bend R knee slightly	the right) & Pause 2 Step on L close to R & Step on R to the right 2 I Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 7 I Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing flwk and direction Figure 4: Legānatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4 Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite flwk and direction			Figure 3: Şchioapa (hands joined in V pos.)
& Pause 2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing flwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on R to the right 4 Step on R to the right 8 Step on R to the right 9 Step on L close to R 9 Step on R to the right 1-2 Step on R to the right 1-2 Step on R to the right 1-3 Step on R to the right 1-4 Step on R to the right 1-5 Step on R to the right 1-7 Step on R to the right 1-8 Step on R to the right 1-9 Step on R to the right and	8 Pause 2 Step on L close to R 8 Step on R to the right 2 1 Scuff with L heel 8 Step L across in front of R 2 Scuff with R heel 8 Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite flwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing flwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8-3 Step on R to the right 3 Step on R to the right 3 Step on R to the right 4 Step on R to the right 4 Step on R to the right 5 Step on R to the right 6 Step on R to the right 8 Step on R to the right 8 Step on R to the right and 6 bend R knee slightly 3-4 Repeat meas. 1-2, opposite flwk and direction	1	1	
2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R & Step on R to the right & Step on R to the right be step on R to the right A Step on R to the right C Step on R to the right A Step on R to the right A Step on R to the right and C Ste	2 Step on L close to R & Step on R to the right 2 1 Scuff with L heel		&	
& Step on R to the right 2 1	2 1 Scuff with L heel & Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 1 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legānatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R & Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction			Step on L close to R
8 Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 Lift R heel, raising L leg (knee straight) in front at 45°	& Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 I Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8-3 Step on R to the right & Step on R to the right			
Step L across in front of R Scuff with R heel Step on R to the right, facing center Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left Step L across in back of R Step on R to the right Repeat meas. 2 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right Step on L close to R & Step on R to the right Step on L close to R Step on R to the right Step on R to the right Step on R to the right Repeat meas. 1-3 apposite ftwk and direction	& Step L across in front of R 2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8 Step on R to the right 8 Step on R to the right 9 Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction	2	1	Scuff with L heel
2 Scuff with R heel & Step on R to the right, facing center 3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 Lift R heel, raising L leg (knee straight) in front at 45°	2 Scuff with R heel & Step on R to the right, facing center Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 Lift R heel, raising L leg (knee straight) in front at 45° & Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on R to the right 2 Step on L close to R & Step on R to the right A Step on R to the right A Step on R to the right Repeat meas. 1-2, opposite ftwk and direction	_	&	Step L across in front of R
Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 Lift R heel, raising L leg (knee straight) in front at 45° Drop R heel, L leg doing ¼ circle in the air to the left Step L across in back of R Step on R to the right Repeat meas. 2 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right Repeat meas. 1-3 apposite ftwk and direction	3-4 Repeat meas. 1-2, with opposite ftwk and direction Repeat meas. 1-2 7 Lift R heel, raising L leg (knee straight) in front at 45° & Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction			Scuff with R heel
7	7		&	Step on R to the right, facing center
1 Lift R heel, raising L leg (knee straight) in front at 45° & Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R & Step on R to the right & Step on R to the right & Step on R to the right abelia Step on R to the right abelia Step on R to the right and bend R knee slightly	1 Lift R heel, raising L leg (knee straight) in front at 45° & Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 43 Step on R to the right 5 Step on R to the right 6 Step on R to the right 7 Step on R to the right 8 Step on R to the right 9 Step on R to the right and 9 Step on R to the right	3-4		Repeat meas. 1-2, with opposite ftwk and direction
8 Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8 Step on R to the right 8 Step on R to the right 9 Step on L close to R 9 Step on R to the right and	8 Drop R heel, L leg doing 1/4 circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8-3 Step on R to the right 8 Step on R to the right 9-16 Step on R to the right 1-2 Step on R to the right 1-3 Step on R to the right 1-4 Step on R to the right 1-5 Step on R to the right 1-6 Step on R to the right 1-7 Step on R to the right 1-8 Step on R to the right and 1-9 Step on R to the right and the	5-6		Repeat meas. 1-2
8 Drop R heel, L leg doing ¼ circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8 Step on R to the right 8 Step on R to the right 9 Step on L close to R 9 Step on R to the right and	8 Drop R heel, L leg doing 1/4 circle in the air to the left 2 Step L across in back of R 8 Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8-3 Step on R to the right 8 Step on R to the right 9-16 Step on R to the right 1-2 Step on R to the right 1-3 Step on R to the right 1-4 Step on R to the right 1-5 Step on R to the right 1-6 Step on R to the right 1-7 Step on R to the right 1-8 Step on R to the right and 1-9 Step on R to the right and the	7	1	Lift R heel, raising L leg (knee straight) in front at 45°
Step L across in back of R & Step on R to the right Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R & Step on R to the right across to R Step on R to the right and bend R knee slightly	2 Step L across in back of R & Step on R to the right 8 Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R 8-3 Step on R to the right 8 Step on R to the right 9-16 Step on R to the right 1-2 Step on R to the right 1-3 Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction	•	&	Drop R heel, L leg doing ¼ circle in the air to the left
Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly	Repeat meas. 2 9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly Repeat meas. 1-2, opposite ftwk and direction		2	Step L across in back of R
9-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly	P-16 Repeat meas. 1-8, reversing ftwk and direction Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly Repeat meas. 1-2, opposite ftwk and direction			Step on R to the right
Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly	Figure 4: Legănatul dublu (facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on R to the right & Step on R to the right at Step on R to the right At Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction	8		Repeat meas. 2
(facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly	(facing center) (Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction	9-16		Repeat meas. 1-8, reversing ftwk and direction
(Rhythm: Slow-quick-slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly	(Rhythm: Slow-quick-slow) 1-2 1& Step on R to the right 2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction			Figure 4: Legănatul dublu
2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly	2 Step on L close to R &3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction			(facing center) (Rhythm: Slow-quick-slow-quick-slow)
&3 Step on R to the right & Step on L close to R 4& Step on R to the right and bend R knee slightly Reserve 1.2 expressite flux and direction	83 Step on R to the right 8 Step on L close to R 4 Step on R to the right and bend R knee slightly Repeat meas. 1-2, opposite ftwk and direction	1-2		Step on R to the right
& Step on L close to R 4& Step on R to the right and bend R knee slightly	 Step on L close to R Step on R to the right and bend R knee slightly 3-4 Repeat meas. 1-2, opposite ftwk and direction			Step on L close to K
4& Step on R to the right and bend R knee slightly	4& Step on R to the right and bend R knee slightly Repeat meas. 1-2, opposite ftwk and direction			Step on K to the right
bend R knee slightly	3-4 Repeat meas. 1-2, opposite ftwk and direction			Step on R to the right and
3-4 Repeat meas. 1-2, opposite ftwk and direction			4&	bend R knee slightly
		3-4		Repeat meas. 1-2, opposite ftwk and direction
5-16 Repeat meas. 1-4, three more times (4 total)				

Description of Învârtita din Căstău (continued) Figure 5: Fecioreasca Meas. Count (facing center, free hands) Step on L bkwd 1 1 & Pause Step on R close to L 2 Step on L & Step on R fwd 2 1 Pause & Scuff with L heel 2 Step on L fwd & Pause 3 Step on R fwd & Pause 2 Step on L fwd & Step R across in front of L, turning (1/4 t.) to the left 4 1 & Step on L bkwd, turning (1/4 t.) to the right 2 Step on R bkwd & Repeat meas. 1-4, three more times (4 total) (for women) 5-16 except last step, touch R beside L (ct &) Figure 5': Varianta (for men) Repeat meas. 1-2, fig. 5 1-2 1 Pause 3 Step on R fwd & 2 Pause Step on L fwd, slapping R heel with R hand & Close R to L with a sharp click (pinten) 1 4 Pause & Clap both hands in front (chest level) 2 Clap both hands in front & Repeat meas. 1-4, three more times (4 total) 5-16 Note: optional pattern for men

(couple position: facing each other, hands on partner's shoulders)

Execute fig. 1 in couple position 1-16

Description of Învârtita din Căstău (continued) Meter: 2/4 Count Meas. Figure 7 (couple position) 1-16 Execute fig. 4 in couple position Figure 8 (couple position) 1-15 Execute fig. 3 meas. 1.15 in couple position Close R to L with a sharp click (pinten) in couple position 16 l 2 Pause

Strigături (calls)

Final pattern:

Presented by Sonia Dion and Cristian Florescu, Ontario Folk Dance Camp 2007

^{*} Figure 2 meas. 9-10: *Şi n-ainte şi n-apoi măi* (SHEE nah-EEN-teh SHEE nah-POY may) Translation: Forward and back.

^{** &}lt;u>Figure 2</u> meas. 11-12: *C-a şai jocul pe la noi măi* (KAH shy DZHOH-kul PEH lah NOY may) Translation: That's how our dances go.