

# Jabadao <sup>I</sup> from France

Formation: Four or more couples in a circle, low hand hold, W on partner's right. Styling stay in demi-plié position throughout the dance. Meter 4/4 Music starts with a chord followed by a bell chime. The note after that is the pickup to Ct1 of the dance.

## FIG ONE - *basic* 4x

mm1 (ct1) Step L to L (ct2) Close R to L *toes pointing out-2nd position* (3) Plié (4) Very small hop on L in place

mm2 (ct1) Step R behind (2) Step L in place (3) Step R in front (4) Hop on R while kicking

L foot (toe pointed to L) sideways to L.

## FIG TWO - *in and out* 2x

mm1 *moving in* (Ct1) Step L (Ct2) Step R (Ct3) Step L (Ct4) Hold (*arms swing in, out, in*)

mm2 *moving out* (Ct1) Step R (Ct2) Step L (Ct3) Step R (Ct4) Hold (*arms swing out, in, out*)

## FIG ONE 2x *basic*

## FIG THREE 4x *Roll the ladies across in back*

*Both M and W use the following footwork throughout Fig Three: L, R, L, hop, R, L, R, hop*

mm1 (*Holding hands in preying mantis position keeping elbows in tight at all times*)

M lead W to M's L about 1/8 of a turn

m2 (Ct1-2) M lead W back out, M and W stand with her R shoulder butted against his L (*still holding hands*) (Ct3-4) M lets go with his L hand and extends his R arm across the

W's back to assist her in making a 1full CW turn behind him to end up facing the M on his L (*holding hands in preying mantis position with him*).

FIG ONE 2x *basic*

FIG FOUR 4x *M's hand flag, W roll in front*

*Both M and W use the following footwork throughout Fig Three: L, R, L, hold, R, L, R, hold*

mm1 All move on L diag (*hands on hips*) with step, behind, step, hold (*on ct4 M raise and lower their L arms and all take R hands with partner*)

mm2 M lead W across in front of them (Ct2-3) W make a full turn CCW to end facing a new M.

FIG ONE 2x *basic*

FIG TWO 2x *in and out- slow down and end with a bow.*

*Notes by Andy Pollock as taught by David Skidmore who learned it from Germaine and Louise Hebert (They have written a book with lots more dances).. This dance really needs to be seen and may result in unaesthetic feel or appearance as well as possible injury if you attempt to learn it solely from the notes.*

