

# JAMBOLSKO PAIDUSHKO HORO #1

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(Bulgaria)

**Pronunciation:** Yam-bool-sko Py-doosh-ko Ho-ro (Paidusko from Yambol)  
**Source:** Learned from natives in Bulgaria, first presented by Michel Cartier at Stockton Folk Dance Camp, 1960.  
**Record:** Folk Dancer MH 3052, or on LP MH 1  
**Formation:** Dancers join Hs in an open circle.  
**Note:** The Paidushko Horo is a dance type widespread in and around Bulgaria. Each village or district has some variant, but all Paidushkos are characterized by the 5/16 rhythm and the frequent occurrence of the "limping steps". This Paidushko is from Yambol, a city in the Thracian Plain.  
**Rhythm:** The 5/16 rhythm of this dance is most easily counted "one-TWO", stressing the TWO and holding it a bit longer than the "one" (one has the value of 2/16 and TWO 3/16). The dance is done to 8 measures and fits to the music of this record, but it could be danced to any kind of Paidushko music.

Measure		Pattern
	cts	
1	1	Step LF to R across in front of RF
	2	Step R with RF
2	1	Step LF to R across in front of RF
	2	Step R with RF
3	1	Step LF to R across in front of RF
	2	Step R with RF
4	1	Hop on RF in place, kicking LF fwd
	2	Step on LF beside RF
5	1	Step on RF by bringing it down in Sliding fashion, kicking LF fwd, L near ground
	2	Step on LF by bringing it back in Sliding fashion, kicking RF fwd, R near ground
6	1	Hop on LF in place, kicking RF fwd
	2	Step on RF beside LF
7	1	Hop on RF in place
	2	Step on L toe behind R heel
8	1	Hop on LF in place
	2	Step on R toe behind L heel.

**NOTE:** Measures 1, 2 and 3 are the limping step mentioned in the Note, measures 4, 5 and 6 are: a jump, a scissor-like step, and a jump step, measures 7 and 8 are two reel-style steps. Hands follow movement of the body.