

Yambolsko pajduško

No 2

YAMBOLSKO PAJDUŠKO #2

Bulgarian Dance taught by Dick Crum.

Pronunciation: (Yahm'-bol-sko pie-doosh-ko)

This is one of several Pajduško-type dances done in the general area around the town of Yambol in eastern Bulgaria. The designation "#2" is purely for the benefit of American folk dancers who are already acquainted with the Yambolsko Paidushko introduced here by Michel Cartier several years ago, a dance quite different from this one.

Record: Any pajduško record may be used. In class we used the tune "More Čiča reče da me ženi" on Monitor MF 444.

Rhythm: Like all Pajduško dances, this one is also written in 5/16 meter, counted "quick-slow". In the description below, ct. 1 will indicate the first, shorter beat, ct. 2 the second, the longer one.

Formation: Mixed dancers in a line or broken circle, hands held down at sides at the start, but swing back and forth during the first 8 bars. During bars 9-11 they have special movements indicated below.

- Meas. 1 Facing slightly and moving R, hop on Lft, swinging hands out i.e. away from center (ct. 1); still moving in this direction, step on Rft, swinging hands in toward center (ct. 2).
- Meas. 2 Still moving in this direction, hop on Rft, (ct. 1), step on Lft, swinging hands out (ct. 2).
- Meas. 3 Same as Meas. 1.
- Meas. 4 Step onto Lft in front of Rft (ct. 1), step onto Rft in place, turning to face center and swinging hands out (ct. 2).
- Meas. 5-8 Same as above but with opposite footwork and moving to L.
- Meas. 9 Facing center, hop on Lft in place (ct. 1), step diagonally forward and R with Rft, at same time bring hands up sharply to shoulder height in front (ct. 2).
- Meas. 10 Hop on Rft, still facing center, but moving slightly R and beginning to lower hands (ct. 1) step on Lft behind Rft, moving slightly R, continuing to lower hands (ct. 2).
- Meas. 11 Step sideways to R with Rft, continuing to lower hands (ct. 1) close Lft to Rft taking weight on Lft and swing hands out (ct. 2).

NOTE: The lowering of hands and swinging them outward in Meas. 10-11 is very smooth, not jerky or staccato.

Yambolsko Paidushko

YAMBOLSKO PAIDUSHKO HORO

Bulgarian Folk Dance

Record FOLK DANCER ME 3052 or LP ME 1

Horo

This dance collected by Michel Cartier in Bulgaria where he also recorded the music. It is pronounced "yam-bool-sko py-dooosh-ko he-ro". The Paidushko Horo is known throughout Bulgaria. Each village has some variant but all Paidushko have a 5/16 rhythm and the frequent occurrence of the "limping steps". This Paidushko Horo is from Yambol.

RYTHM:

The 5/16 rhythm of this dance is most easily counted "one-TWO" stressing the TWO AND holding it a bit longer than the "one" (one has the value of 2/16 and TWO has the value of 3/16). The dance is done to 8 measures and fits the music of this record.

MEAS. COUNT STEPS

- | | | |
|---|---|---|
| 1 | 1 | Step Left foot to Right across in front of Right foot. |
| | 2 | Step Right with Right foot. |
| 2 | 1 | Step Left foot to Right across in front of Right foot |
| | 2 | Step Right with Right foot |
| 3 | 1 | Step Left foot to Right across in front of Right foot |
| | 2 | Step Right with Right foot |
| 4 | 1 | Hop on Right foot in place, kicking Left foot forward. |
| | 2 | Step on Left foot beside Right foot. |
| 5 | 1 | Step on Right foot by bringing it down in sliding fashion |
| | 2 | kicking Left foot forward L near ground |
| | 2 | Step on Left foot by bringing it back in Sliding fashion |
| | | kicking Right foot forward R near ground. |
| 6 | 1 | Hop on Left foot in place, kicking Right foot forward |
| | 2 | Step on Right foot beside Left foot |
| 7 | 1 | Hop on Right foot beside Left foot |
| | 2 | Step on Left toe behind Right heel |
| 8 | 1 | Hop on Left foot in place |
| | 2 | Step on Right toe behind L heel. |

NOTE: Measures 1,2,3, are the "limping" steps. Measures 4,5,6 are a jump, a scissor-like step and a jump step. Measure 7 and 7 are two Reel-style steps. Hands follow movement of the body, as they are joined in circle.

